

**CHILDREN'S TREATMENT & RECOVERY  
SERVICES COMMITTEE****January 8, 2026**

**Attendees:** Dr. Ana Mena – KernBHRS, Karen Friedman-KernBHRS, Jennifer Williams-CSV, Megan Toscano-Clarvida, Kathleen Rodriguez-KernBHRS, Valerie Sumpter-KernBHRS, Cristina Castro-KernBHRS, Brad Davis-KernBHRS, Monica Dorado-CPS, Brad Plymire-KernBHRS, Kasey Austin-KernBHRS, Corina Vasquez-CGC

**Recorder:** Jessica Torres

**1. Welcome and Introductions**

Accomplished.

**2. Approval of October 9, 2025, Minutes**

Dr. Ana Mena

Valerie Sumpter

**3. Public Comment**

None.

**4. Early Psychosis Prevention Intervention (EPI) – Kathleen Rodriguez**

- The Early Psychosis Intervention Team provides services for youth ages 15-25 who are diagnosed with an onset of a psychotic disorder.
- EPI is currently working on creating a team flier and will be sent to providers with contact information.
- Referral criteria:
  - Client is open to a mental health provider and has had first psychotic episode within the first 2 years.
  - No severe developmental disability
  - Is willing to engage
- Once a client is accepted in the EPI program, they will transition to the EPI team and eventually will be closed to their current treatment team.
  - EPI will complete a case consultation with the referring provider and will complete a phone screening with the client.
  - A mini assessment will be complete once the consultation and phone screening are completed.
  - Once client is accepted into EPI a welcome session is held.
- Anyone can send referrals.



- Treatment providers are welcome to contact EPI/Supervisor for further questions on submitting a referral.
- If client does not meet criteria, EPI will follow up with both the family/client and treatment provider to provide feedback on what was gathered in the assessment.

## **5. Department Reports**

### **Children's System of Care (CSOC) Report**

- KernBHRS continues to work with DHS and Probation to coordinate contracts for youth that are placed in out-of-county STRTPs. For 2025 approximately 40 single case agreements were completed. The process is complex and involves onboarding, contracting, training, billing, maintaining and supporting of the STRTPs and youth. To ensure monitoring is occurring one of our staff attends the ICC/CFT Meeting.
- Youth Quest has a new girls STRTP pending opening due to the CDSS clearance of staff and expect to begin taking youth in the next few weeks. They will be staggering admissions but have 5 youths that have been identified for placement in their program.
- Another RFP will be awarded soon for a girl's home due to the needs of the county. Once the provider is approved, they will need to complete the process to be licensed as an STRTP. KernBHRS is working on a timeline for an expected opening and implementation date for this home.
- The TFCO program has completed a fidelity review and has again achieved fidelity.
- KernBHRS is working with Probation and DHS to complete the High-Fidelity Wraparound Certification. While KernBHRS has provided Wraparound services for years, this now will shift the service component from DHS to SMHS that will be provided by KernBHRS.

### **Substance Use Disorder System Report**

- SUD continues to be stationed at CLC and Blanton and is accepting new referrals.
- There are currently 9 clients participating in their program.
- SUD is currently accepting TAY referrals for the medication assisted treatment program.
- The adolescences and intensive outpatient programs located at L St are accepting referrals via the access line or e-mail to Brad Plymire.

## **6. Items to be brought to the Board**

- None

## **7. Provider Issues**

- None

## **8. Future Presentations**

- Friday Night Live
- CGC – Kinship/Parents as Teachers
- Medication Assisted Treatment – CGC/KernBHRS
- Clarvida/CSV – Programs involved with supporting families in outlying areas
- Heart Connection – Schools/IEP's
- Dream Center
- Family Resource and Collaborative- The Network
- Public Health – how they assist wards/dependents on psychotropic medications

## **9. Other**

**10. Next regular meeting:**

April 9, 2026, Commonwealth Cedar Room at 3:30 pm. Meeting adjourned.

**Items Distributed:**

Minutes for October 9, 2025, regular meeting.