



CHILDREN'S TREATMENT & RECOVERY SERVICES COMMITTEE October 9, 2025

Attendees: Patricia Cantu-KernBHRS, Ana Mena-KernBHRS, Valerie Sumpter-KernBHRS, Cristina Castro-KernBHRS, Jessica Torres-KernBHRS, Maria Aleman-KernBHRS, Belinda Vieyra-KernBHRS, Jennie Sill-KernBHRS, Kathleen Rodriguez-KernBHRS, Brad Davis – KernBHRS, Stuart Shevcheko-KernBHRS, Jason Giffard-KernBHRS, Susie Baker – KernBHRS, Jennifer Williamson-CSV, Allison Rego- Clarvida, Megan Toscano-Clarvida

Recorder: Jessica Torres

1. **Welcome and Introductions**

Accomplished.

2. **Approval of July 10, 2025, Minutes**

Valerie Sumpter
Brad Davis

3. **Public Comment**

None.

4. **Parent-Child Interaction Therapy (PCIT) – Dr. Ana Mena**

- PCIT is one of the evidence-based models the state will be requiring counties to provide.
- PCIT services are provided at the Oswell clinic and provide services specifically for ages 2-7, it enhances the quality of the parent and child relationship.
- PCIT is intended to reduce disruptive behavior, help with emotional regulation and improve the parent's confidence.
- PCIT integrates principals from Attachment Theory, Social Learning Theory, Behavior Therapy, and emphasize real time coaching.
- There are 2 Core Components of PCIT:
 1. Child directed interaction
 - Strengthens positive parent-child interactions, and encourages play, praise, reflection and enjoyment
 2. Parent child directed interaction
 - Teaches effective discipline strategies and focuses on clear instructions, consistency and calm follow-through.
- The sessions are conducted using live coaching.



- There are currently 4 clinicians actively providing PCIT, 2 are pending certification and 2 families have graduated.
- Part of the certification process is the sessions must be recorded for every component of the process.

5. Department Reports

Children's System of Care (CSOC) Report

- CSOC is currently working on integrated plans for BHRS to submit to the state.
- CSOC has completed the RFP for day treatment and rehab and will be working on getting the contract in place.
 - GSA Providers will continue to provide services as usual with new services being adjunctive.
- Justice Involved Initiative. We are currently piloting the “*warm welcoming’s*” and working with staff to find effective ways to engage families in aftercare. The Department is partnering with Probation and Sheriff’s (Minors and Adults) to implement the following:
 - 90-day pre-release
 - Warm Welcoming’s to bridge youth to GSA providers as youth return to community.
- Early Psychosis is now under the Children’s Division. Currently we are working to integrate overall programming into children’s CSOC, however, the program will continue to serve Adults that are referred and meet criteria.
- The girls STRTP is pending state licensure.
- HFW will be implemented July 1, 2026. KernBHRS, Probation, and DHS are currently working to submit certification to UC Davis. A component of HFW involves shared community partnership and specifically youth and family’s involvement in shared decision making to guide the program in effective service provision. This will be a standing agenda item of this meeting.

Substance Use Disorder System Report

- No update.

6. Items to be brought to the Board

- None

7. Provider Issues

- None

8. Future Presentations

- Friday Night Live

9. Other

10. Next regular meeting:

January 8, 2026, Commonwealth Cedar Room at 3:30 pm. Meeting adjourned.

Items Distributed:

Minutes for July 10, 2025, regular meeting.