

**Draft for Approval****CHILDREN'S TREATMENT & RECOVERY
SERVICES COMMITTEE
July 10, 2025**

Attendees: Jennie Sill- KernBHRS, Cristina Castro-KernBHRS, Susie Baker-KernBHRS, Valerie Sumpter-KernBHRS, Kassandra Austin-KernBHRS, Carter Beardsley, Jennifer Catlett-KernBHRS, Brad Davis-KernBHRS, Dr. Ana Mena – KernBHRS, Maria Aleman-KernBHRS, Jeff Burdick-BPD, Stuart Shevchenko-KernBHRS, Priscilla Sanchez-District Director Supervisor Perez's Office

Recorder: Jessica Torres

1. Welcome and Introductions

Accomplished.

2. Approval of April 10, 2025, Minutes

Dr. Ana Mena
Maria Aleman

3. Public Comment

None.

4. Crossroads Servies – Valerie Sumpter

- The Crossroads team provides mental health services to male juvenile justice youth ages 14-25 who are incarcerated at the Kern Probation Crossroads facility.
- The team provides a mental health assessment to the incarcerated youth to ensure a mental health plan is created and services provided target their behaviors.
- The Crossroads team provides Individual Therapy, and the following group services: DBT, Forward Thinking and Communications, they also work closely with probation and onsite education.
- Crossroads provides a multidisciplinary approach to the youth's needs and helps the youth understand what the probation program will look like.
- Prior to the youth being released discussions with the youth occur to understand the youth's needs to have a successful transition back into the community.
- Most of the youth have been exposed to trauma or multigenerational trauma and have challenges with trusting, Crossroads provides trauma informed care to help the youth build connections so they can have a sense of safety.
- Crossroads completes warm hand offs with the youth and their treatment team when they are released so they can continue their mental health treatment. Youth tend to continue treatment when they have met the person that they will be seeing once released.



- The Kern Probation Crossroads facility has a school on site that provides education to the incarcerated youth.
 - Discussion ensued regarding the benefits of young people engaging in meaningful activities to calm their bodies such as the ARTS council.

5. Department Reports

Children's System of Care (CSOC) Report

- KernBHRS currently has an RFP for girls STRTP.
- Behavioral Health – Connect will require the mental health plan to make accessible Evidence Based Models including High Fidelity Wraparound, PCIT (available at Oswell), Family Functional Therapy, and Multidisciplinary Therapy.
- TAY has been recertified in TIP
 - There is a TIP community-based training that is held for anyone who would like to join. It focuses on how to engage young adult populations.
- The Youth Suicide Reporting and Response Grant has ended; the services Youth Bridge provided at KM is now being completed by Youth Wraparound.

Substance Use Disorder System Report

- The SUD outpatient team provides services for individuals aged 12-17 at the L Street location.
 - Referrals can be made by individuals calling the access line, CLC Tech, Blanton or by coming to the office.
- MAT services are available for youth starting at age 16.
- The Contingency management program is also available for youth ages 12-17 with substance use disorders. Clients earn gift cards for testing negative for substances on a weekly basis.
- Clarvida is now providing SUD 2.1 services for youth.
- The access line is available 24/7, after hours staff can answer questions or complete screenings.

6. Items to be brought to the Board

None

7. Provider Issues

None Reported.

8. Future Presentations

9. Other

Discussion ensued regarding accessing mental health services that schools provide.

- In November of 2024, KernBHRS provided a 2-hour presentation to the KHSD SSW's on how to navigate the crisis system specifically to youth suicide prevention.
- Committee members provided resources to be able to contact KHSD.

10. Next regular meeting:

October 9, 2025, Commonwealth Cedar Room at 3:30 pm. Meeting adjourned.

Items Distributed:

Minutes for April 10, 2025, regular meeting.