

3 Year PEI Evaluation Report FY21-22 to FY23-24

Kern County MHSA Prevention and Early Intervention



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INTRODUCTION

The Mental Health Services Act (MHSA), approved by California voters in 2004 through Proposition 63, allocated funding to enhance mental health service systems across the state. Among the components funded by MHSA is Prevention and Early Intervention (PEI), which aims to support initiatives that help prevent mental illnesses from escalating into severe and disabling conditions.

Kern Behavioral Health & Recovery Services (KernBHRS) uses MHSA funding to support PEI programs designed to address the mental health prevention and early intervention needs of the County's diverse cultural and regional populations. These programs were implemented by the County as well as contracted community-based service providers.

Beginning in fiscal year (FY) 2019-2020, KernBHRS partnered with EVALCORP to assess the effectiveness of MHSA-funded programs. This report reviews data collected from PEI programs funded during FYs 2021-2022, 2022-2023, and 2023-2024, focusing on demographic information, participant satisfaction, and performance outcomes. The evaluation employed a mixed-methods approach, analyzing both quantitative (statistical) and qualitative (written comments) data submitted by participants in PEI-funded programs.

PEI PROGRAMS

The goal of the PEI component of the MHSA is to help counties implement services that promote wellness, foster health, and prevent suffering that can result from untreated mental illness. The PEI component requires collaboration with consumers and family members during the development of PEI projects and programs.

PEI programs are required to be appropriate for specific needs, including Access and Linkage to Treatment, Outreach for Increasing Recognition of Early Signs of Mental Illness, Stigma and Discrimination Reduction, and Suicide Prevention programs.

Both the Access to Care: Crisis Hotline and Outreach & Education programs provide Stigma and Discrimination Reduction, and Outreach for Increasing Recognition of Early Signs of Mental Illness services. The Access to Care: Crisis Hotline is a suicide prevention program that has received five-year re-accreditation from the American Association of Suicidology and is part of the National Suicide Prevention Lifeline. During FY 2015-2016, the Access to Care: Crisis Hotline implemented the Suicide Outreach Team, which partners with the Kern County Coroner to identify and provide support for families who have lost a loved one to suicide.

In compliance with §3706 of the California Code of Regulations, PEI programs within the KernBHRS system of care and its providers have been developed to serve all age groups: children, transition-age youth (TAY), adults, and older adults.

The PEI programs for the three FYs covered in this report are listed in Table 1. Program descriptions are shown in Table 2.

PEI PROGRAMS

Table 1. PEI Programs by Fiscal Year, 2021-2024

Program Name	FY 21-22	FY 22-23	FY 23-24
1. <i>Access to Care: Crisis Hotline</i>	X	X	X
2. <i>Court Appointed Special Advocates (CASA)</i>	X	X	X
3. <i>Community Referral Network</i>	X	X	X
4. <i>Continuum of Care Reform (CCR) Foster Youth Engagement</i>	X	X	X
5. <i>Foster Care Engagement</i>	X	X	X
6. <i>Help Me Grow</i>	X	X	X
7. <i>Homeless Outreach Program</i>	X	X	X
8. <i>KCSOS - School-Based Program (formerly known as Kern Youth Resilience and Support Program)</i>	X	X	X
9. <i>Living Well</i>	X	X	X
10. <i>Outreach & Education</i>	X	X	X
11. <i>Prepare U</i>	X	X	X
12. <i>Reengagement</i>	X	X	X
13. <i>Suicide Prevention Outreach and Education (O&E)</i>	X	X	X
14. <i>Transitional Age Youth (TAY) Dual Recovery</i>	X	X	X
15. <i>Transitional Age Youth (TAY) Self Sufficiency</i>	X	X	X
16. <i>The Healing Project (Recovery Station)</i>			X
17. <i>Volunteer Senior Outreach Program (VSOP)</i>	X	X	X
18. <i>Youth Brief Treatment (YBT)</i>	X	X	X
19. <i>Youth Juvenile Justice Engagement</i>	X	X	X
20. <i>Zero Suicide</i>	X	X	X

PEI PROGRAMS

Table 2. PEI Program Descriptions

Program Name	Description
<i>Access to Care: Crisis Hotline</i>	The Access to Care: Crisis Hotline provides 24/7/365 crisis and suicide intervention, service referrals, support for problem-solving and coping skills, and follow-up care, including phone calls and handwritten care letters.
<i>Court Appointed Special Advocates (CASA)</i>	CASA utilizes specially trained advocates to thoroughly research each child’s trauma and developmental history and share the information with the appropriate psychiatrists.
<i>Community Referral Network</i>	Community Referral Network identifies and engages at-risk adults who are hard-to-reach or treatment-resistant, and who reside in remote areas of Kern County. The program connects them to mental health, substance use disorder, and community-based services.
<i>Continuum of Care Reform (CCR) Foster Youth Engagement</i>	CCR Foster Youth Engagement provides behavioral health treatment to foster youth and supports them in maintaining or transitioning to a family-centered placement.
<i>Foster Care Engagement</i>	Foster Care Engagement connects with foster youth who are not receptive to receiving behavioral health services. Social workers, Foster Family Agencies, and Resource Parents are trained on the referral process and provided psychoeducation on identifying potential undiagnosed behavioral health issues.
<i>Help Me Grow</i>	Help Me Grow provides developmental and behavioral screenings for children ages 0 to 5 years old and connects at-risk families to appropriate services.

PEI PROGRAMS

Table 2. PEI Program Descriptions (continued)

Program Name	Description
<i>Homeless Outreach Program</i>	The Homeless Outreach Program engages unhoused individuals and offers housing services, including housing-related wraparound services, to promote long-term stability and housing permanence.
<i>KCSOS - School-Based Program (formerly known as Kern Youth Resilience and Support Program)</i>	KCSOS utilizes strategies, such as behavioral health interventions and mentorship, to reduce the stigma associated with receiving a mental illness diagnosis and seeking mental health services, increase awareness of behavioral health issues, and encourage discussions about positive mental health.
<i>Living Well</i>	Living Well provides specialized services to underserved populations, including individuals with eating disorders, those benefiting from therapy, those needing employment support, and pregnant or postpartum individuals.
<i>Outreach & Education</i>	Outreach & Education raises awareness of KernBHRS's services and provides mental health education to the community to promote understanding and reduce stigma.
<i>Prepare U</i>	Prepare U provides a mental health curriculum to help TAY identify and manage mental and emotional concerns while teaching them to seek support from parental, community, or professional support systems when needed.
<i>Reengagement</i>	Reengagement utilizes a “whatever it takes” approach to reengage at-risk adults who have discontinued mental health treatment.
<i>Suicide Prevention Outreach and Education (O&E)</i>	Suicide Prevention O&E aims to reduce the stigma surrounding suicidal ideation, provide resources and education, promote open communication, and encourage a sense of comfort with publicly discussing suicide and suicide prevention.

PEI PROGRAMS

Table 2. PEI Program Descriptions (continued)

Program Name	Description
<i>Transitional Age Youth (TAY) Dual Recovery</i>	TAY Dual Recovery provides behavioral health and substance use care in a sober living environment. The program stabilizes TAY and supports their development of life skills.
<i>Transitional Age Youth (TAY) Self Sufficiency</i>	TAY Self Sufficiency partners with local agencies to provide services and referrals, supporting Kern County Network for Children’s Dream Center to improve outcomes for current and former foster youth. The program helps TAY avoid crises, such as homelessness and mental health emergencies while promoting self-sufficiency.
<i>The Healing Project (Recovery Station)</i>	The Healing Project (Recovery Station) operates 24/7 to support adults experiencing substance use crises, with or without co-occurring behavioral health disorders. Individuals receive substance use screenings, brief clinical interventions, peer support, resources, and connections to ongoing community mental health and substance use services.
<i>Volunteer Senior Outreach Program (VSOP)</i>	Volunteer Senior Outreach Program utilizes trained volunteers, working alongside clinicians and case managers, to educate and engage older adults who are homebound or living independently and at risk of isolation.
<i>Youth Brief Treatment (YBT)</i>	Youth Brief Treatment provides outreach and stigma reduction materials to improve access and linkage to treatment for individuals with behavioral health needs.
<i>Youth Juvenile Justice Engagement</i>	Youth Juvenile Justice Engagement engages youth and families who have been active in the juvenile justice system and have mild-to-moderate mental health care needs.
<i>Zero Suicide</i>	Zero Suicide incorporates a suicide prevention framework to connect individuals to suicide-specific treatment and provides care for staff working with suicidal clients.

METHODOLOGY

Evaluation Design

Demographics

Demographic data on PEI program participants are collected annually. In this report, demographics are reported in aggregate across all PEI programs by FY. All demographic information is self-reported for adults or parent-reported for children. The demographic characteristics collected include age, disability status, ethnicity, gender, preferred language, race, sexual orientation, and veteran status. Pursuant to California Code of Regulations, Title 9 § 3560.010, sexual orientation, current gender identity, and veteran status are not collected from minors under 12 years of age.

In FY 23-24, KernBHRS transitioned from its Electronic Health Records (EHR) to the Smartcare system. During and shortly after the transition, problems emerged with system queries for evaluation purposes. KernBHRS discovered that demographic data were not being collected by some PEI providers, leading to gaps in data collection in FY 23-24. At the time of this report, this technical issue is in the process of being corrected.

Demographic data collection differed across fiscal years, with PEI providers having used two forms that varied both between and within years. Differences between the forms included answer options for age, ethnicity, gender, and preferred language. Within the forms, new answer options were added over the years, such as “Asexual” for sexual orientation and expanded ethnicity options. Additionally, some PEI providers collected ethnicity data solely in the broader categories of Hispanic or Latino and non-Hispanic or non-Latino.

Another notable difference was the inclusion of “Unknown” as an answer option for race, ethnicity, gender, gender identity, preferred language, and sexual orientation. To meaningfully reflect the demographic composition of PEI program participants, “Unknown” responses were treated as missing data.

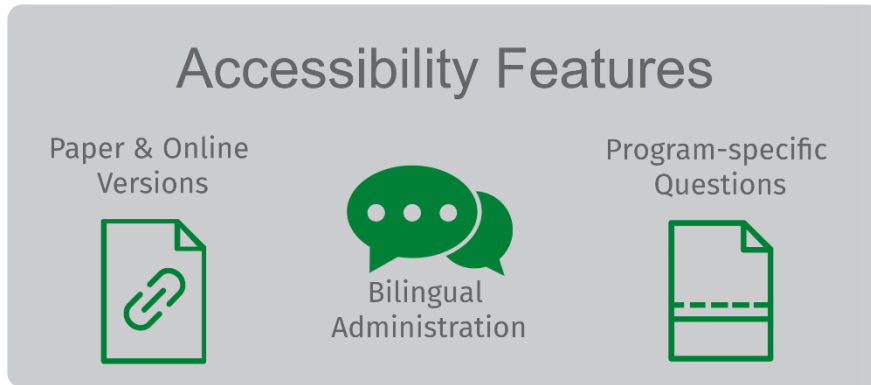
Referrals

Referrals from PEI programs to mental health and social services are collected and presented in this report in aggregate across the three FYs. Referrals are made both to services within the KernBHRS system of care and to external services. The tracking of referrals is used to demonstrate the extent to which PEI programs facilitate Access and Linkage to Treatment.

METHODOLOGY

Outcomes

To enhance compliance with the MHSAs reporting regulations, KernBHRS contracted with EVALCORP to streamline current data collection structures and develop standardized data collection tools that are in alignment with reporting requirements. Beginning in FY 20-21, two standardized PEI outcome surveys were developed: 1) a survey completed by clients about their own experiences and 2) a survey completed by parents/guardians of children under the age of nine regarding the relevant program. To ensure greater inclusivity and maximum reach, surveys were made available in both online and paper forms as well as in English and Spanish.



DEMOGRAPHIC DATA

Demographic data are presented in Table 3 as aggregated and unduplicated. However, it is possible for individuals to receive services from multiple PEI programs, resulting in them being counted more than once. Differences in sample size by each major category are primarily due to participants' ability to decline to respond to any demographic item.

These tables highlight year-over-year differences in the demographic composition of program participants across all PEI programs. One notable trend, for example, is the decrease in the proportion of participants with disabilities served by PEI programs.

Percentages have been rounded to approximately 100%, with the highest percentage adjusted up or down by 1%. Percentages of 0.4% or lower are noted as <1%. Gray-shaded cells indicate data that were not collected for the respective FY.

Table 3. Demographic Data by Fiscal Year, 2021 - 2024

	FY 21-22	FY 22-23	FY 23-24
Age	n = 7,122	n = 8,173	n = 11,372
0-15	51%	47%	31%
16-25	22%	29%	26%
26-59	23%	21%	36%
60+	4%	3%	7%
Disability	n = 1,883	n = 3,872	n = 2,529
Has a disability	78%	71%	51%
No disability	22%	29%	49%
If they have a disability please select the type(s)*	n = 1,477	n = 2,736	n = 1,287
Vision	11%	10%	23%
Hearing	5%	4%	9%
Mental	43%	26%	29%
Mobility	9%	8%	16%
Chronic	22%	13%	18%
Other	10%	39%	5%
Veteran Status	n = 1,533	n = 2,641	n = 1,800
Yes	2%	1%	19%
No	98%	99%	81%
Language Spoken at Home	n = 7,120	n = 8,135	n = 5,207
American Sign Language			<1%
Arabic			<1%
Cambodian			<1%
English	84%	85%	89%
Spanish	14%	12%	10%
English and Spanish	1%	2%	<1%
Other	1%	1%	0%

DEMOGRAPHIC DATA

Table 3. Demographic Data by Fiscal Year, 2021 – 2024 (continued)

	FY 21-22	FY 22-23	FY 23-24
Race	n = 7,028	n = 8,000	n = 6,435
American Indian or Alaska Native	1%	1%	2%
Asian	1%	1%	0%
Black or African American	9%	10%	10%
Hispanic or Latino		4%	6%
Native Hawaiian or other Pacific Islander	0%	<1%	<1%
White	30%	30%	32%
Other	55%	47%	39%
More than one race	4%	6%	10%
Ethnicity*	n = 4	n = 52	n = 4,389
Hispanic or Latino	<1%	1%	32%
Non-Hispanic or Non-Latino		<1%	23%
Hispanic or Latino*	n = 3,039	n = 3,695	n = 1,804
Caribbean	0%	<1%	<1%
Central American	1%	1%	1%
Cuban			0%
Dominican			0%
Mexican/Mexican American/Chicano	43%	48%	18%
Puerto Rican	<1%	<1%	<1%
South American	<1%	<1%	<1%
Other			3%
Non-Hispanic or Non-Latino*	n = 3,852	n = 3,755	n = 1,745
African	3%	4%	3%
Amerasian			0%
American Native			<1%
Asian Indian/South Asian	<1%	<1%	<1%
Black			4%
Cambodian	0%	<1%	<1%
Chinese	0%	0%	0%
Eastern European	1%	2%	4%
European	3%	2%	1%
Filipino	<1%	<1%	<1%
Japanese	0%	0%	<1%
Korean	0%	<1%	0%
Laotian			0%
Middle Eastern	<1%	<1%	<1%
Native Hawaiian or other Pacific Islander			0%
Vietnamese	0%	0%	<1%
White			5%
Other Asian			<1%
Other	47%	39%	1%
More than one ethnicity	1%	2%	3%

*Ethnicities are divided into three categories: the broader “Ethnicity” category and two subcategories (“Hispanic or Latino” and “Non-Hispanic or Non-Latino”). Percentages in this section are out of the total count of all ethnicities. However, the sample size at the head of each column in this section refers to the sample size of each grouping.

DEMOGRAPHIC DATA

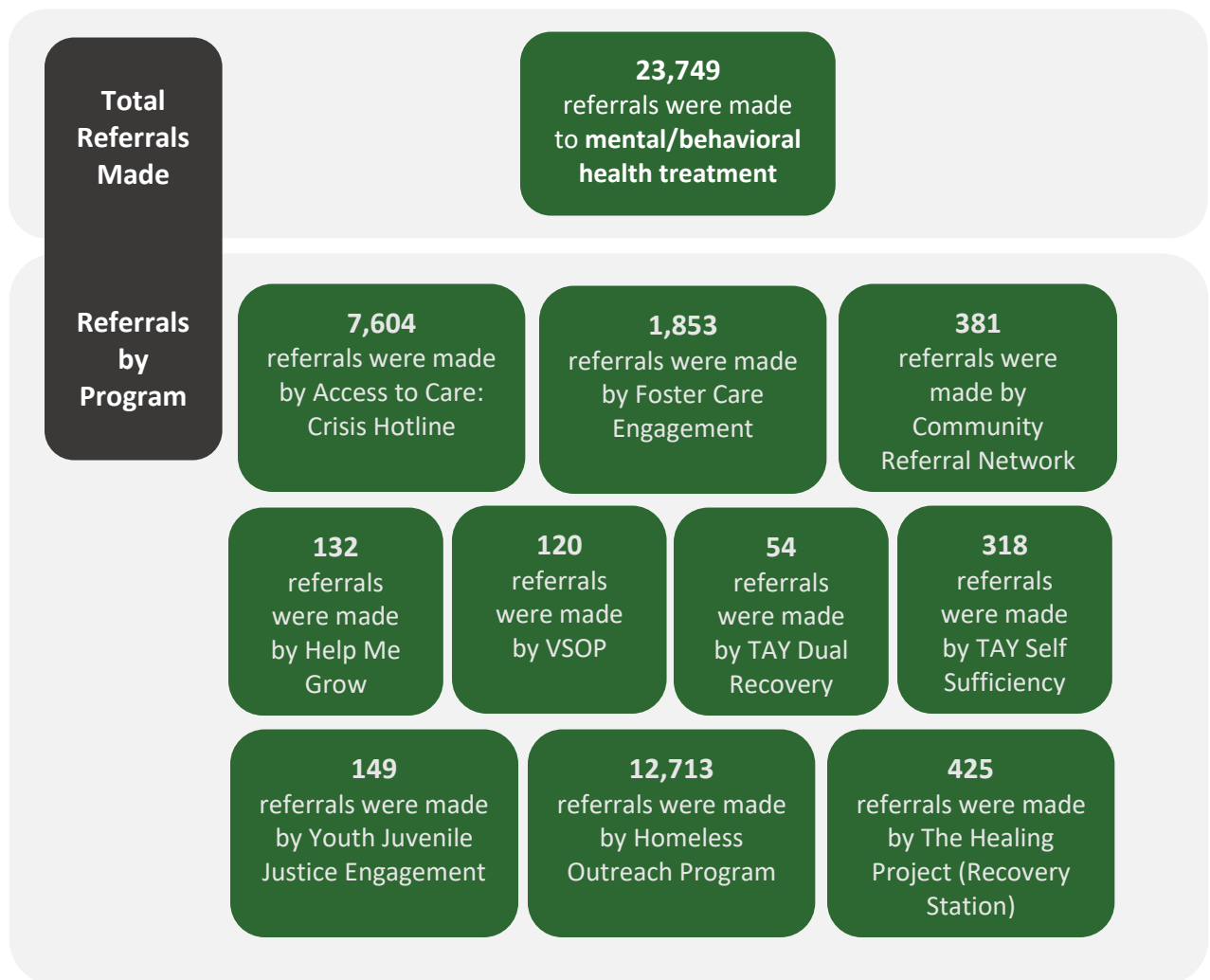
Table 3. Demographic Data by Fiscal Year, 2021 – 2024 (continued)

	FY 21-22	FY 22-23	FY 23-24
Gender Identity	n = 1,157	n = 2,024	n = 5,291
Female	54%	49%	51%
Male	43%	44%	47%
Transgender	1%	3%	2%
Genderfluid		<1%	0%
Genderqueer	<1%	1%	0%
Non-binary		1%	0%
Questioning or unsure of gender identity	1%	1%	0%
Another gender identity	<1%	1%	0%
Sex Assigned at Birth	n = 7,013	n = 8,140	n = 11,083
Male	46%	47%	50%
Female	54%	53%	50%
Intersex	0%	0%	0%
Sexual Orientation	n = 1,039	n = 1,801	n = 2,616
Heterosexual or Straight	86%	80%	83%
LGBTQ+	14%	20%	17%
Asexual		0%	<1%
Gay or Lesbian	4%	6%	5%
Bisexual	7%	9%	8%
Questioning or unsure of sexual orientation	1%	1%	1%
Queer	1%	1%	1%
Pansexual		2%	2%
Another sexual orientation	1%	1%	<1%

REFERRALS TO MENTAL HEALTH SERVICES

The California Code of Regulations, Title 9, § 3735 defines “Access and Linkage to Treatment” as “connecting children with severe mental illness, as defined in Welfare and Institutions Code Section 5600.3, and adults and seniors with severe mental illness, as defined in Welfare and Institutions Code Section 5600.3, as early in the onset of these conditions as practicable, to medically necessary care and treatment, including, but not limited to, care provided by county mental health programs.” The extent to which PEI programs fulfill the Access and Linkage to Treatment strategy is evaluated by tracking referrals provided by respective programs. The number of referrals during the three-year period (FYs 2021-2024) is reported for each program that currently tracks referrals.

Referrals connected clients to various services, including churches providing food and clothes, independent living centers, local food banks, low-income housing, MediCal and CalFresh assistance, Narcotic Anonymous/Alcoholics Anonymous groups, payee services, primary care providers, recovery stations, and Supplemental Security Income.



PEI PERFORMANCE OUTCOMES FY 23-24

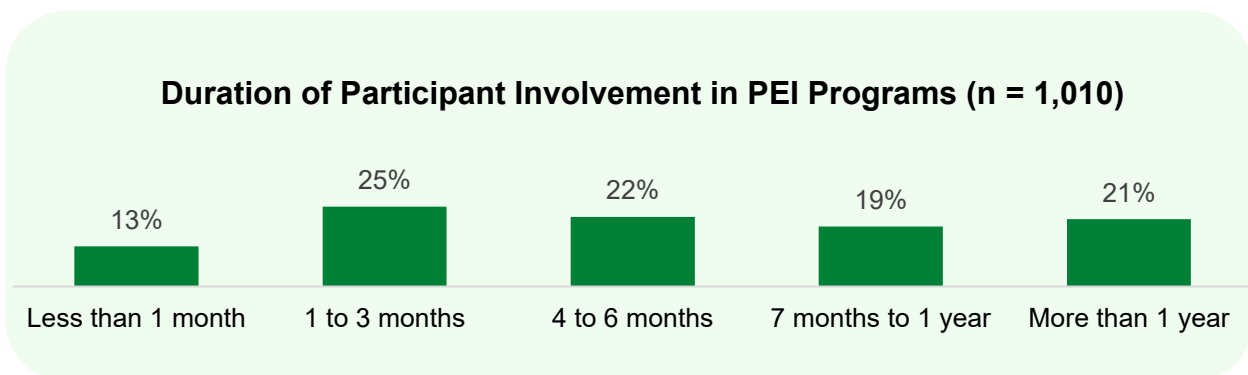
Outcomes are presented 1) in aggregate, by type of survey (i.e., self-report vs. child survey); and 2) by each of the PEI programs required to collect outcome data. Findings are presented differently depending on how many participants responded to each part of the survey. Survey components or survey modules with more than 30 responses are shown as percentages. Modules with fewer than 30 responses are shown as counts. Data collection occurred in two rounds – first during the month of October 2023 and second during the month of May 2024. The report presents the results from October and May combined. The combined report may contain duplicated individuals depending on the duration for which the individual received services.

Performance Outcome Surveys Collected by Program

Survey Outcomes Data	
PEI Program Name	Number of Surveys
1 Foster Care Engagement	66
2 KCSOS - School-Based Program	37
3 Living Well	95
4 Transitional Age Youth (TAY) Dual Recovery	11
5 Transitional Age Youth (TAY) Self Sufficiency	224
6 Volunteer Senior Outreach Program (VSOP)	71
7 Youth Brief Treatment (YBT)	550
8 Youth Juvenile Justice Engagement	12
Total	1,066

Notes: several PEI programs are not required to collect surveys (e.g., Access to Care: Crisis Hotline) and are not included in this table.

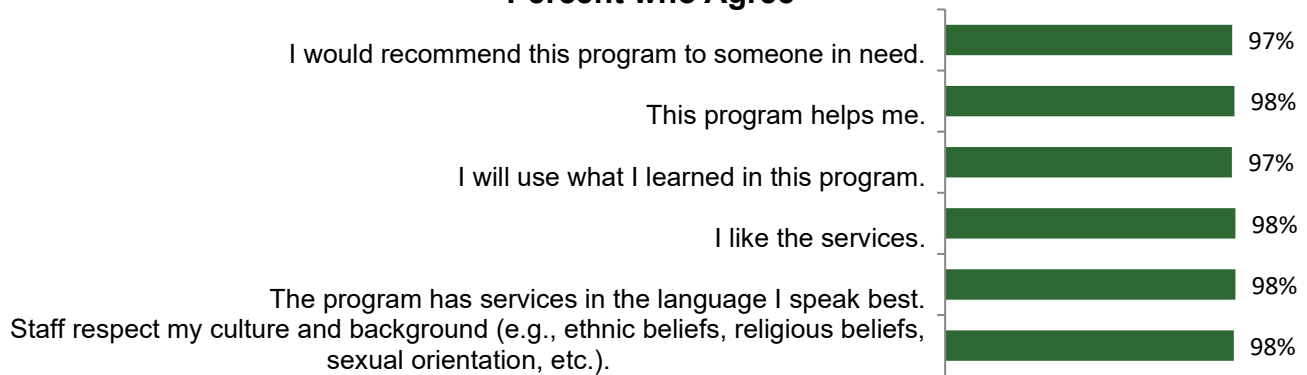
Duration of Participant Involvement



Overall: Self-Report Performance Outcomes (9+ years old)

Survey results across all programs are reported together in this section of the report (n = 1,069). A total of 847 participants completed the self-report survey (i.e., individuals who were 9 years old or older), while a total of 222 participants completed the child survey (completed by the parent or guardian of children under the age of 9 or children requiring assistance completing the survey). Participants could choose whether to take the survey in English or Spanish; 1,063 surveys were completed in English and 6 surveys were completed in Spanish. Since not all programs were required to administer the second page of the survey, the sample size for the modules of the survey on the second page is smaller.

Program Satisfaction and Cultural Competence (n = 837-845) Percent who Agree



Outcomes (n = 798-827)

As a result of participating in this program ...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
I have a better understanding of mental illness.	4%	96%
I think treatment can help improve symptoms of mental illness.	4%	96%
I am more likely to seek help for a mental health problem.	8%	92%
I know where to go for mental health services.	4%	96%
I know where to go for substance use services for myself or other household members.	11%	89%

Outcomes (n = 238-246)

As a result of participating in this program...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
I know more about how to take care of my mental or emotional health.	7%	93%
I learned how to take steps towards the future I want.	7%	93%
I feel better.	8%	92%
I have more energy during the day.	26%	74%
I feel less worried.	17%	83%
I feel better when I think about the future.	14%	86%
I care more about the things that are happening in my life.	9%	91%
I can handle problems better.	14%	86%
I know when to ask for help with an emotional problem.	15%	85%

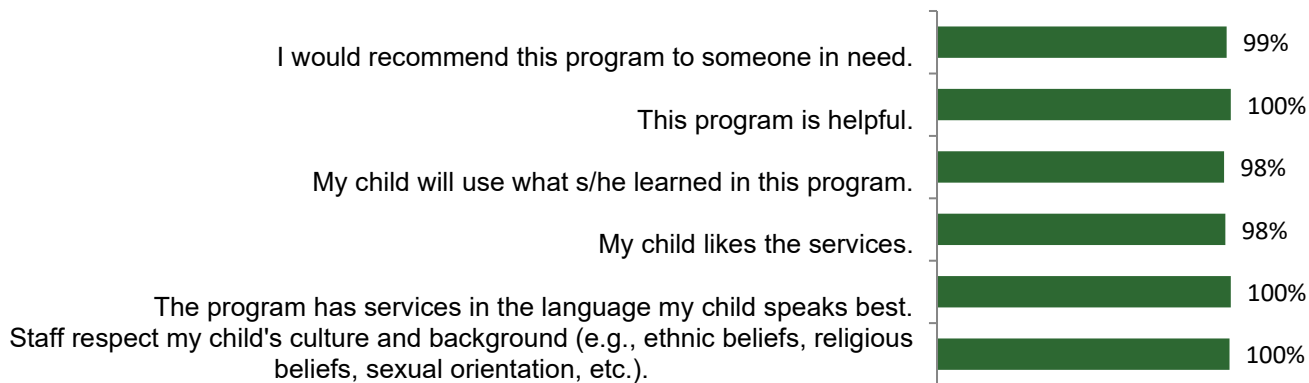
Outcomes (n = 59-208)[‡]

As a result of participating in this program ...	% Gotten Worse	% Stayed the Same	% Gotten Better
My school attendance has...	5%	45%	51%
My grades in school have...	3%	34%	63%
My housing situation has...	1%	44%	55%
My job situation has...	3%	46%	51%
My relationship with friends and family has...	2%	25%	74%

[‡] Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

Overall: Child Performance Outcomes

Program Satisfaction and Cultural Competence (n = 213-217) Percent who Agree



Child Outcomes (n = 198-215)

As a result of participating in this program ...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
My child has a better understanding of mental illness.	8%	92%
My child thinks treatment can help improve symptoms of mental illness.	8%	92%
I know where to go to get mental health services for my child.	1%	99%
My child knows how to get help when s/he has a mental health problem.	8%	92%
I know where to go for substance use services for myself or other household members.	4%	96%

Child Outcomes (n = 132-137)

As a result of participating in this program...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
My child knows more about how to take care of his/her mental or emotional health.	13%	87%
My child is learning to behave more appropriately.	4%	96%
My child feels better.	2%	98%
My child has more energy during the day.	11%	89%
My child feels less worried.	14%	86%
My child feels better when s/he thinks about the future.	11%	89%
My child cares more about the things that are happening in his/her life.	9%	91%
My child can handle problems better.	11%	89%
My child knows when to ask for help with an emotional problem.	12%	88%

Child Outcomes (n = 97-117)‡

As a result of participating in this program ...	% Gotten Worse	% Stayed the Same	% Gotten Better
My child's school attendance has...	1%	44%	55%
My child's grades in school have...	4%	32%	64%
My child's housing situation has...	1%	32%	67%
My child's relationships with friends and family have...	1%	26%	73%

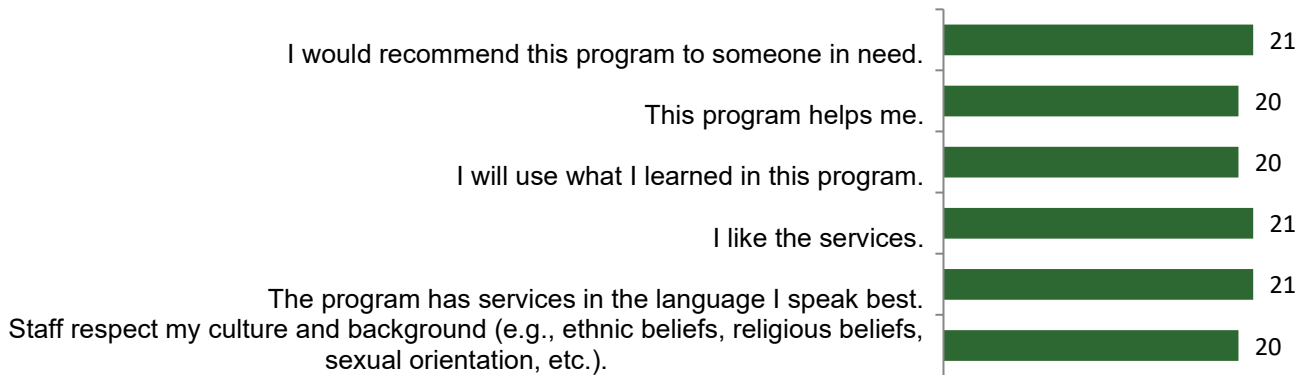
‡ Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

1. FOSTER CARE ENGAGEMENT

This section contains the results of surveys from the Foster Care Engagement program. A total of 66 surveys were completed for this program. Of these, 21 were self-report surveys, while the other 45 were child surveys completed by a parent/guardian about their child. Results from the self-report survey are presented first, followed by results from the child survey. Since the total number of participants who completed the self-report survey and a portion of the child survey were small, counts rather than percentages are presented. Sixty participants chose to take the survey in English and six participants chose to take the survey in Spanish.

Self-Report Performance Outcomes

Program Satisfaction and Cultural Competence Number of Participants Who Agree (n = 20-21)



Outcomes (n = 15-21)

As a result of participating in this program ...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I have a better understanding of mental illness.	0	21
I think treatment can help improve symptoms of mental illness.	0	21
I am more likely to seek help for a mental health problem.	0	20
I know where to go for mental health services.	2	19
I know where to go for substance use services for myself or other household members.	5	10

FOSTER CARE ENGAGEMENT

Outcomes (n = 12)

As a result of participating in this program...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I know more about how to take care of my mental or emotional health.	0	12
I learned how to take steps towards the future I want.	3	9
I feel better.	0	12
I have more energy during the day.	1	11
I feel less worried.	1	11
I feel better when I think about the future.	1	11
I care more about the things that are happening in my life.	1	11
I can handle problems better.	0	12
I know when to ask for help with an emotional problem.	0	12

Outcomes (n = 1-9)‡

As a result of participating in this program ...	# Gotten Worse	# Stayed the Same	# Gotten Better
My school attendance has...	0	8	1
My grades in school have...	0	7	2
My housing situation has...	0	6	2
My job situation has...	1	0	0
My relationship with friends and family has...	0	2	7

‡ Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

FOSTER CARE ENGAGEMENT

Client Comments

Participants who received services from Foster Care Engagement were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 21)

- Therapeutic Communication (n = 10)
- Improved Symptoms or Behavior (n = 3)
- Nothing or Don't Know (n = 2)
- Availability of Services (n = 2)
- Acquiring Skills or Increased Understanding of Mental Health (n = 2)
- Supportive Staff (n = 2)

What could make this program better? (n = 15)

- Nothing or Don't Know (n = 13)
- Additional Instructional Topics or Information (n = 1)
- Additional Activities or Services (n = 1)

What has changed about how you think, feel, or behave as a result of this program? (n = 16)

- Improved Communication or Relationships (n = 4)
- Improved Emotional Regulation (n = 3)
- Nothing or Don't Know (n = 3)
- More Positive Outlook/Attitude (n = 3)
- Improved Self-Awareness (n = 1)
- Improved Behavior (n = 1)
- Feeling Less Isolated (n = 1)

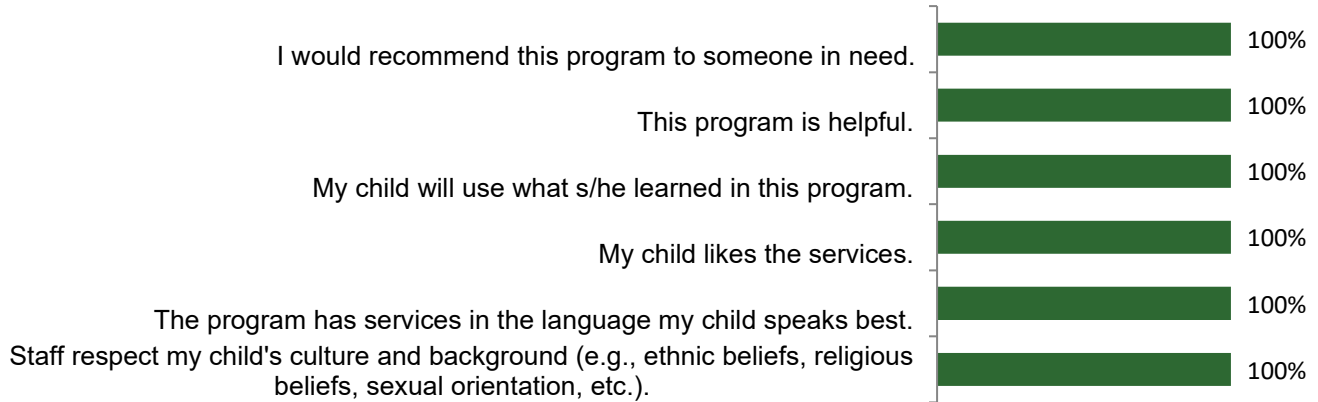
"I have a better understanding of my past trauma and how to manage it."

"I feel less sad because I have learned how to change my mindset to feel happier."

FOSTER CARE ENGAGEMENT

Child Performance Outcomes

Program Satisfaction and Cultural Competence Proportion of Participants Who Agree (n = 43-45)



Child Outcomes (n = 33-45)

As a result of participating in this program ...	% Disagree or Strongly Disagree	% Agree or Strongly Agree
My child has a better understanding of mental illness.	7%	93%
My child thinks treatment can help improve symptoms of mental illness.	7%	93%
I know where to go to get mental health services for my child.	2%	98%
My child knows how to get help when s/he has a mental health problem.	10%	90%
I know where to go for substance use services for myself or other household members.	0%	100%

FOSTER CARE ENGAGEMENT

Child Outcomes (n = 23-28)

As a result of participating in this program...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
My child knows more about how to take care of his/her mental or emotional health.	2	23
My child is learning to behave more appropriately.	1	25
My child feels better.	1	25
My child has more energy during the day.	1	27
My child feels less worried.	3	24
My child feels better when s/he thinks about the future.	0	24
My child cares more about the things that are happening in his/her life.	2	22
My child can handle problems better.	0	23
My child knows when to ask for help with an emotional problem.	5	22

Child Outcomes (n = 16-22)‡

As a result of participating in this program ...	# Gotten Worse	# Stayed the Same	# Gotten Better
My child's school attendance has...	0	6	11
My child's grades in school have...	0	6	10
My child's housing situation has...	1	1	20
My child's relationships with friends and family have...	1	3	17

‡ Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

FOSTER CARE ENGAGEMENT

Child Comments

What's the most helpful thing about this program? (n = 53)

- Therapeutic Communication (n = 18)
- Improved Symptoms or Behavior (n = 11)
- Availability of Services (n = 9)
- Supportive Staff (n = 6)
- Acquiring Skills or Increased Understanding of Mental Health (n = 5)
- Nothing or Don't Know (n = 4)

What could make this program better? (n = 47)

- Nothing or Don't Know (n = 32)
- Additional Activities or Services (n = 7)
- More Frequent or Longer Sessions (n = 4)
- Additional Instructional Topics or Information (n = 2)
- Greater Diversity among Staff or Participants (n = 1)
- Better Communication and Outreach (n = 1)

What has changed about how your child thinks, feels, or behaves as a result of this program? (n = 46)

- Improved Communication or Relationships (n = 14)
- Improved Behavior (n = 11)
- More Positive Outlook/Attitude (n = 10)
- Nothing or Don't Know (n = 8)
- Improved Emotional Regulation (n = 2)
- Improved Self-Awareness (n = 1)

"She can express emotions in healthy ways and is making progress in healing from past trauma."

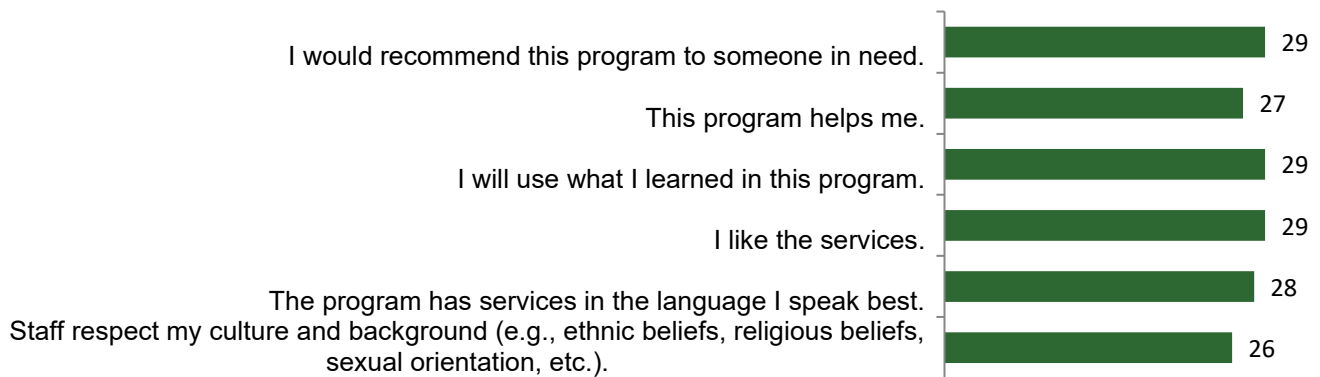
"He is remembering his different communication skills and trying to use them in school."

2. KCSOS SCHOOL-BASED PROGRAM

This section contains the results of surveys from the KCSOS School-Based Program. A total of 37 surveys were completed for this program, where 30 were self-report surveys and seven were child surveys completed by a parent/guardian about their child. Results from the self-report survey are presented first, followed by results from the child survey. Since the total number of participants who completed each type of survey was small, counts rather than percentages are presented. All participants chose to take the survey in English.

Self-Report Performance Outcomes

Program Satisfaction and Cultural Competence Number of Participants Who Agree (n = 30)



Outcomes (n = 27-30)

As a result of participating in this program ...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I have a better understanding of mental illness.	1	29
I think treatment can help improve symptoms of mental illness.	3	27
I am more likely to seek help for a mental health problem.	0	27
I know where to go for mental health services.	3	26
I know where to go for substance use services for myself or other household members.	7	23

KCSOS SCHOOL-BASED PROGRAM

Client Comments

Participants who received services from KCSOS were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 35)

- Acquiring Skills or Increased Understanding of Mental health (n = 8)
- Therapeutic Communication (n = 6)
- Improved Symptoms or Behavior (n = 5)
- Availability of Services (n = 4)
- Inclusive Environment and Sense of Community (n = 4)
- Supportive Staff (n = 2)
- Strategies or Activities for self-care (n = 2)
- Better interactions with family and friends (n = 1)
- Nothing or don't know (n = 1)
- Group Sessions (n = 1)
- Meeting Basic Needs and Finding Employment (n = 1)

What could make this program better? (n = 25)

- Nothing or Don't Know (n = 17)
- More Frequent or Longer sessions (n = 4)
- Additional Activities or Services (n = 3)
- Ability to Test, Diagnose, and Treat (n = 1)

What has changed about how you think, feel, or behave as a result of this program? (n = 36)

- Improved Behavior (n = 8)
- Improved Communication or Relationships (n = 7)
- More Positive Outlook/Attitude (n = 7)
- Improved Self-Awareness (n = 5)
- Improved Emotional Regulation (n = 4)
- Nothing or Don't Know (n = 4)
- Improved Self-Confidence (n = 1)

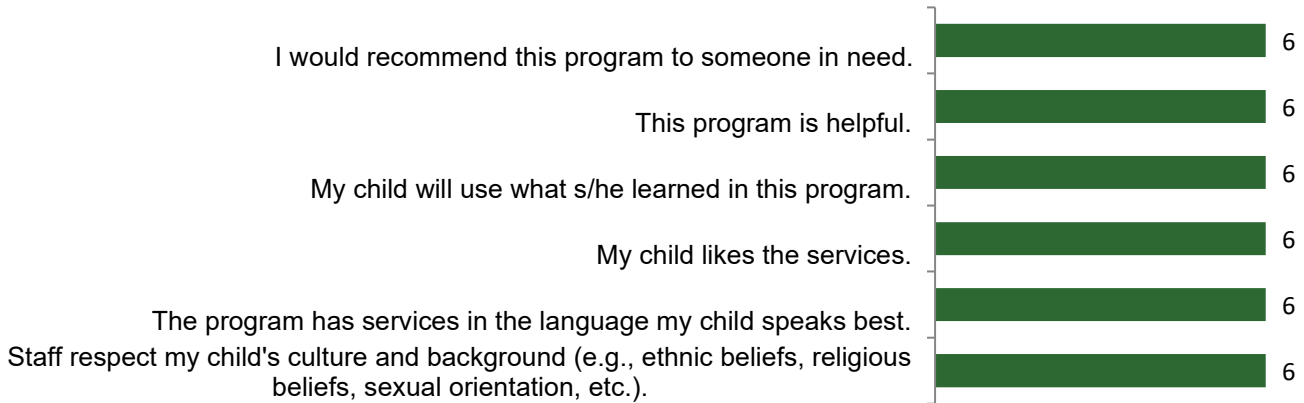
"The most helpful thing is that you can talk to them and not feel judged."

"I have good boundaries, and I love myself more."

KCSOS SCHOOL-BASED PROGRAM

Child Performance Outcomes

Program Satisfaction and Cultural Competence Number of Participants Who Agree (n = 6)



Child Outcomes (n = 6)

As a result of participating in this program ...	# Disagree or Strongly Disagree	# Agree or Strongly Agree
My child has a better understanding of mental illness.	0	6
My child thinks treatment can help improve symptoms of mental illness.	2	4
I know where to go to get mental health services for my child.	0	6
My child knows how to get help when s/he has a mental health problem.	0	6
I know where to go for substance use services for myself or other household members.	1	5

KCSOS SCHOOL-BASED PROGRAM

Child Comments

What's the most helpful thing about this program? (n = 5)

- Therapeutic Communication (n = 2)
- Availability of Services (n = 1)
- Group Sessions (n = 1)
- Supportive Staff (n = 1)

What could make this program better? (n = 6)

- Nothing or Don't Know (n = 5)
- More Frequent or Longer Sessions (n = 1)

What has changed about how your child thinks, feels, or behaves as a result of this program? (n = 4)

- Improved Self-Confidence (n = 2)
- Improved Communication or Relationships (n = 1)
- Nothing or Don't Know (n = 1)

"Being able to talk to someone."

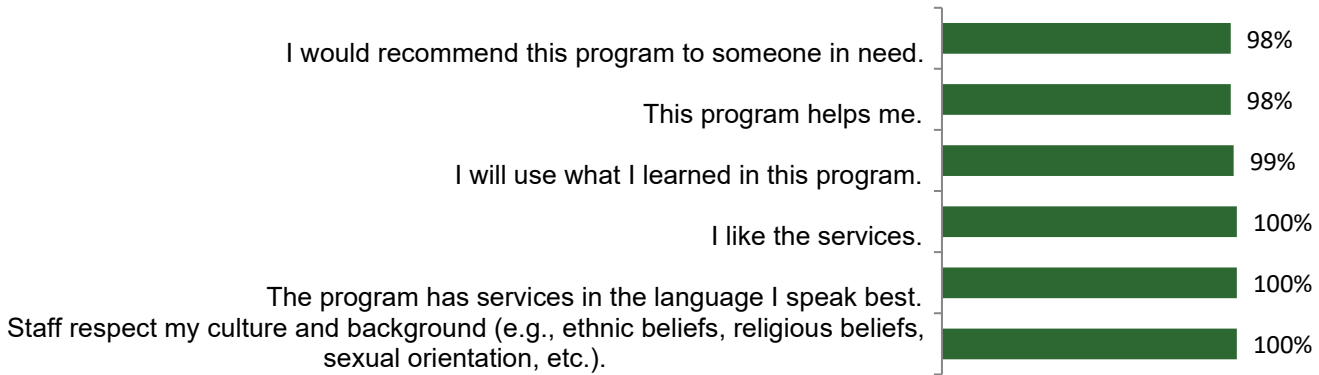
"My child is more confident."

3. LIVING WELL

This section contains the results of surveys from the Living Well program. A total of 98 surveys were completed for this program, with 95 self-report surveys and three child surveys completed by a parent/guardian about their child. Results from the self-report survey are presented first, followed by feedback from parents/guardians about their child’s participation in the program. All participants chose to take the survey in English.

Self-Report Performance Outcomes

Program Satisfaction and Cultural Competence Percent of Participants Who Agree (n = 94-95)



Outcomes (n = 78-81)

As a result of participating in this program ...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
I have a better understanding of mental illness.	2%	98%
I think treatment can help improve symptoms of mental illness.	0%	100%
I am more likely to seek help for a mental health problem.	2%	98%
I know where to go for mental health services.	2%	98%
I know where to go for substance use services for myself or other household members.	10%	90%

LIVING WELL

Client Comments

Participants who received services from Living Well were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and the responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 154)

- Acquiring Skills or Increased Understanding of Mental health (n = 32)
- Meeting Basic Needs & Finding Employment (n = 23)
- Therapeutic Communication (n = 22)
- Availability of Services (n = 20)
- Inclusive Environment & Sense of Community (n = 17)
- Supportive Staff (n = 15)
- Improved Symptoms or Behavior (n = 12)
- Strategies or Activities for self-care (n = 6)
- Group Sessions (n = 4)
- Nothing or don't know (n = 3)

"The most helpful thing is seeing others with the same problems as me and not feeling so alone."

"I feel like I understand more about myself and why I think, feel, and do certain things. I also feel like I have better coping skills and a different perspective on things."

What could make this program better? (n = 99)

- Nothing or Don't Know (n = 55)
- More Frequent or Longer sessions (n = 12)
- Additional Activities or Services (n = 9)
- Better Communication and Outreach (n = 8)
- Additional Instructional Topics or Information (n = 8)
- Greater Diversity among Staff or Participants (n = 4)
- In-Person Sessions (n = 3)

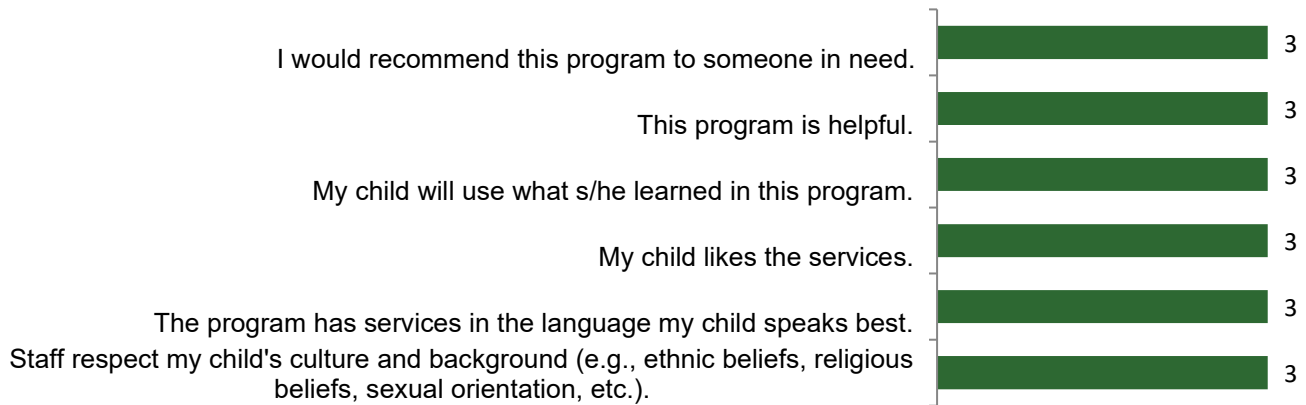
What has changed about how you think, feel, or behave as a result of this program? (n = 165)

- Improved Self-Awareness (n = 40)
- More Positive Outlook/Attitude (n = 33)
- Improved Emotional Regulation (n = 28)
- Improved Behavior (n = 23)
- Improved Self-Confidence (n = 17)
- Improved Communication or Relationships (n = 13)
- Nothing or Don't Know (n = 7)
- Feeling Less Isolated (n = 4)

LIVING WELL

Child Survey Outcomes

Program Satisfaction and Cultural Competence Number of Participants Who Agree (n = 3)



Child Outcomes (n = 3)

As a result of participating in this program ...	# Disagree or Strongly Disagree	# Agree or Strongly Agree
My child has a better understanding of mental illness.	0	3
My child thinks treatment can help improve symptoms of mental illness.	0	3
I know where to go to get mental health services for my child.	0	3
My child knows how to get help when s/he has a mental health problem.	0	3
I know where to go for substance use services for myself or other household members.	0	3

LIVING WELL

Child Comments

What's the most helpful thing about this program? (n = 4)

- Therapeutic Communication (n = 2)
- Availability of Services (n = 2)

What could make this program better? (n = 4)

- Nothing or Don't Know (n = 2)
- Additional Activities or Services (n = 2)

What has changed about how your child thinks, feels, or behaves as a result of this program? (n = 7)

- Improved Emotional Regulation (n = 3)
- Improved Communication or Relationships (n = 2)
- More Positive Outlook/Attitude (n = 1)
- Improved Behavior (n = 1)

"She learned how to communicate better with me."

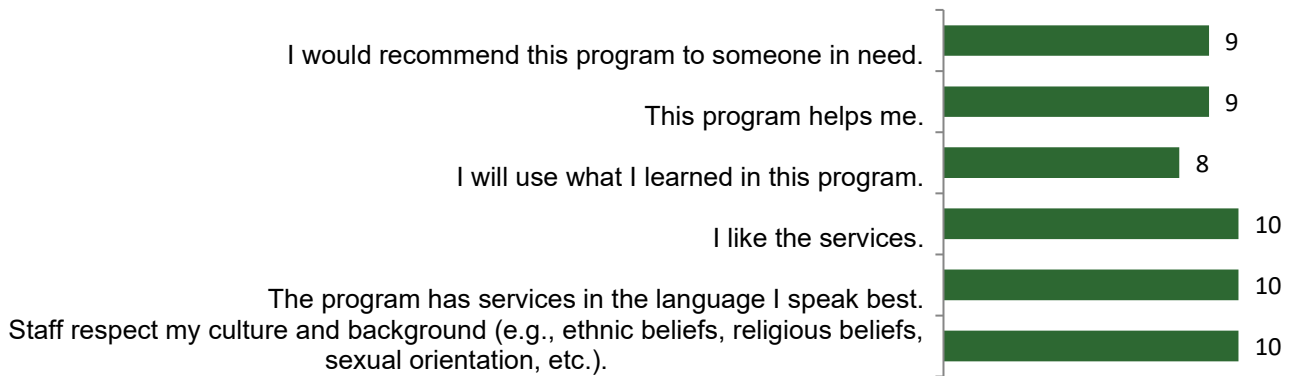
"I noticed that most of his improvement was in his behavior: a better ability to express feelings and less aggression toward family or schoolmates."

4. TRANSITIONAL AGE YOUTH DUAL RECOVERY

This section contains the results of surveys from the Transitional Age Youth (TAY) Dual Recovery program. A total of 11 surveys were completed for this program. All were self-report surveys. Since the total number of participants who completed the survey was small, counts rather than percentages are presented. All participants chose to take the survey in English.

Self-Report Performance Outcomes

Program Satisfaction and Cultural Competence Number of Participants Who Agree (n = 9-11)



Outcomes (n = 10-11)

As a result of participating in this program ...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I have a better understanding of mental illness.	1	10
I think treatment can help improve symptoms of mental illness.	0	10
I am more likely to seek help for a mental health problem.	0	10
I know where to go for mental health services.	0	10
I know where to go for substance use services for myself or other household members.	0	10

TRANSITIONAL AGE YOUTH DUAL RECOVERY

Outcomes (n = 10-11)

As a result of participating in this program...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I know more about how to take care of my mental or emotional health.	2	9
I learned how to take steps towards the future I want.	1	10
I feel better.	0	11
I have more energy during the day.	0	10
I feel less worried.	0	10
I feel better when I think about the future.	0	11
I care more about the things that are happening in my life.	0	11
I can handle problems better.	0	11
I know when to ask for help with an emotional problem.	1	10

Outcomes (n = 5-10)‡

As a result of participating in this program ...	# Gotten Worse	# Stayed the Same	# Gotten Better
My school attendance has...	0	2	4
My grades in school have...	0	1	4
My housing situation has...	0	0	10
My job situation has...	0	2	8
My relationship with friends and family has...	0	1	9

‡ Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

TRANSITIONAL AGE YOUTH DUAL RECOVERY

Client Feedback

Participants who received services from TAY Dual Recovery were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and the responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 12)

- Supportive Staff (n = 4)
- Inclusive Environment & Sense of Community (n = 3)
- Group Sessions (n = 3)
- Strategies or activities for self-care (n = 1)
- Meeting Basic Needs & Finding Employment (n = 1)

What could make this program better? (n = 7)

- Nothing or Don't Know (n = 4)
- Additional Activities or Services (n = 2)
- Better Communication and Outreach (n = 1)

What has changed about how you think, feel, or behave as a result of this program? (n = 13)

- Improved Emotional Regulation (n = 3)
- Improved Self-Awareness (n = 2)
- More Positive Outlook/Attitude (n = 2)
- Nothing or Don't Know (n = 2)
- Improved Self-Confidence (n = 2)
- Improved Behavior (n = 1)
- Feeling Less Isolated (n = 1)

"...I have a better understanding of myself, and my mental health is getting a lot better."

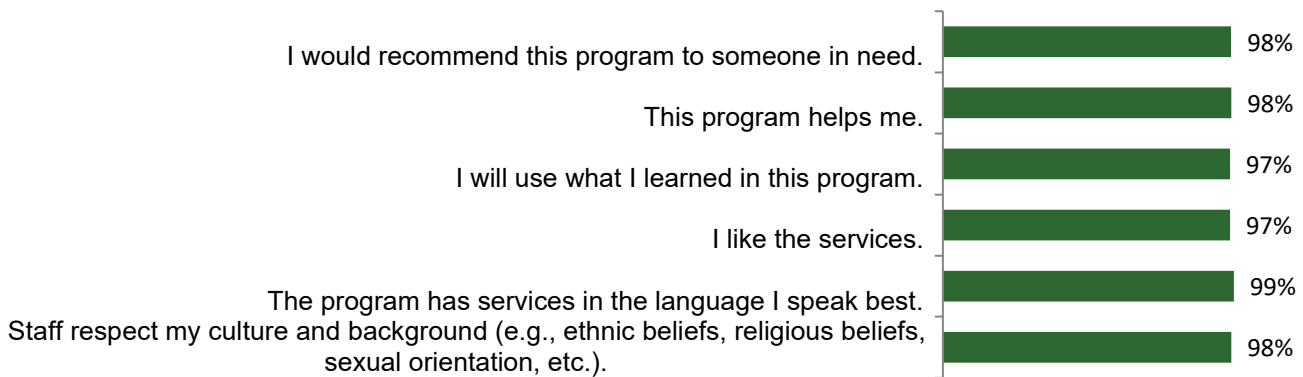
"I would say the support system is very beneficial to my recovery."

5. TRANSITIONAL AGE YOUTH SELF SUFFICIENCY

This section contains the results of surveys from the Transitional Age Youth (TAY) Self Sufficiency program. A total of 224 surveys were completed for this program. All were self-report surveys. TAY participants are required to complete the items on the first page of the outcomes survey but not the second page. Since more than 30 participants completed the self-report survey, percentages are presented. All participants chose to take the survey in English.

Self-Report Performance Outcomes

Program Satisfaction and Cultural Competency Percent of Participants Who Agree (n = 221-224)



Outcomes (n = 221-223)

As a result of participating in this program ...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
I have a better understanding of mental illness.	4%	96%
I think treatment can help improve symptoms of mental illness.	5%	95%
I am more likely to seek help for a mental health problem.	6%	94%
I know where to go for mental health services.	3%	97%
I know where to go for substance use services for myself or other household members.	3%	97%

TRANSITIONAL AGE YOUTH SELF SUFFICIENCY

Client Comments

Participants who received services from TAY Self Sufficiency were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and the responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 273)

- Meeting Basic Needs & Finding Employment (n = 118)
- Supportive Staff (n = 69)
- Availability of Services (n = 34)
- Inclusive Environment & Sense of Community (n = 21)
- Improved Symptoms or Behavior (n = 18)
- Therapeutic Communication (n = 7)
- Acquiring Skills or Increased Understanding of Mental Health (n = 4)
- Group Sessions (n = 2)

What could make this program better? (n = 229)

- Nothing or Don't Know (n = 91)
- Additional Activities or Services (n = 79)
- Better Communication and Outreach (n = 26)
- Greater Diversity among Staff or Participants (n = 10)
- More Frequent or Longer sessions (n = 10)
- Additional Instructional Topics or Information (n = 8)
- In-Person Sessions (n = 5)

What has changed about how you think, feel, or behave as a result of this program? (n = 267)

- More Positive Outlook/Attitude (n = 59)
- Improved Self-Awareness (n = 48)
- Improved Behavior (n = 47)
- Nothing or Don't Know (n = 40)
- Improved Communication or Relationships (n = 27)
- Feeling Less Isolated (n = 22)
- Improved Self-Confidence (n = 17)
- Improved Emotional Regulation (n = 7)

"I have people who actually care about me and make me feel like I have a small family."

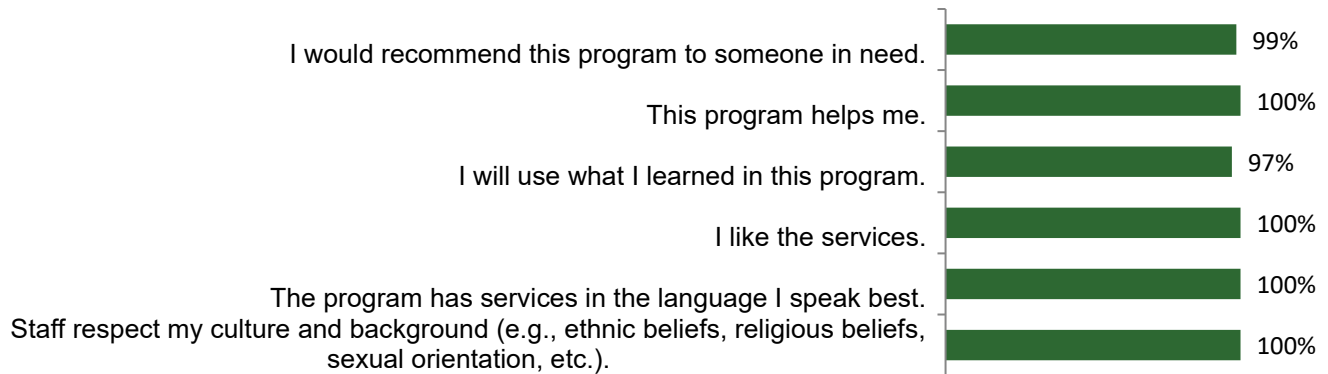
"I wasn't very hopeful about my future growing up, but now I do believe I finally have a chance to be happy."

6. VOLUNTEER SENIOR OUTREACH PROGRAM

This section contains the results of surveys from the Volunteer Senior Outreach Program (VSOP). A total of 71 surveys were completed for this program. All were self-report surveys. For portions where fewer than 30 participants completed the survey, counts rather than percentages are presented. All participants chose to take the survey in English.

Self-Report Performance Outcomes

Program Satisfaction and Cultural Competence Percent of Participants Who Agree (n = 69-71)



Outcomes (n = 67-70)

As a result of participating in this program ...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
I have a better understanding of mental illness.	0%	100%
I think treatment can help improve symptoms of mental illness.	4%	96%
I am more likely to seek help for a mental health problem.	1%	99%
I know where to go for mental health services.	4%	96%
I know where to go for substance use services for myself or other household members.	9%	91%

VOLUNTEER SENIOR OUTREACH PROGRAM

Outcomes (n = 13-16)

As a result of participating in this program...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I know more about how to take care of my mental or emotional health.	0	16
I learned how to take steps towards the future I want.	0	16
I feel better.	0	16
I have more energy during the day.	1	12
I feel less worried.	2	14
I feel better when I think about the future.	3	13
I care more about the things that are happening in my life.	0	16
I can handle problems better.	0	15
I know when to ask for help with an emotional problem.	0	16

Outcomes (n = 1-8)[‡]

As a result of participating in this program ...	# Gotten Worse	# Stayed the Same	# Gotten Better
My school attendance has...	0	0	0
My grades in school have...	0	0	0
My housing situation has...	0	1	0
My job situation has...	0	0	0
My relationship with friends and family has...	0	2	6

[‡] Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

VOLUNTEER SENIOR OUTREACH PROGRAM

Client Comments

Participants who received services from VSOP were asked to provide feedback through open-ended response questions. Their comments were grouped by theme and the responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 91)

- Therapeutic Communication (n = 28)
- Availability of Services (n = 15)
- Supportive Staff (n = 14)
- Improved Symptoms or Behavior (n = 14)
- Inclusive Environment & Sense of Community (n = 8)
- Acquiring Skills or Increased Understanding of Mental health (n = 7)
- Meeting Basic Needs & Finding Employment (n = 2)
- Strategies or Activities for self-care (n = 3)

"I feel the staff has motivated me to do more things for myself."

"I'm feeling better about reaching out to community more and feeling more connected."

What could make this program better? (n = 52)

- Nothing or Don't Know (n = 39)
- More Frequent or Longer sessions (n = 4)
- Additional Activities or Services (n = 4)
- Additional Instructional Topics or Information (n = 2)
- Better Communication and Outreach (n = 2)
- Greater Diversity among Staff or Participants (n = 1)

What has changed about how you think, feel, or behave as a result of this program? (n = 81)

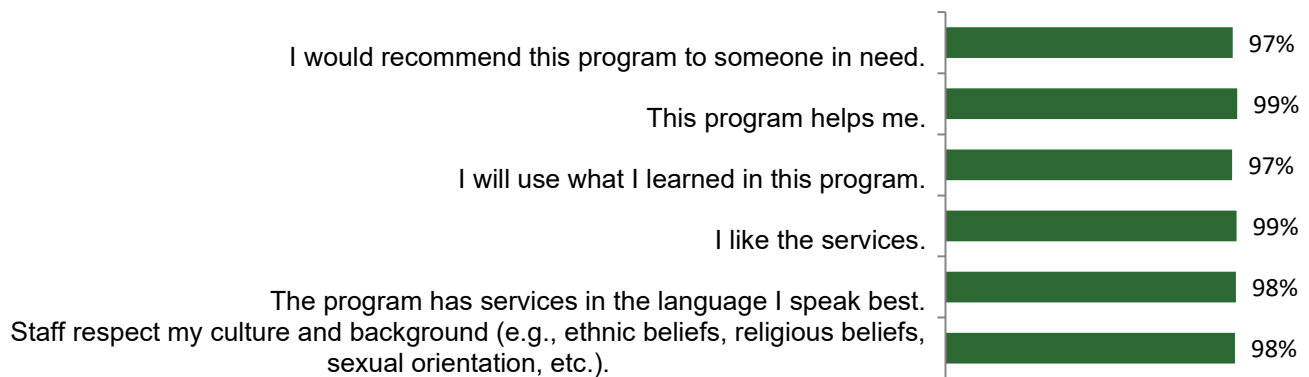
- More Positive Outlook/Attitude (n = 22)
- Improved Emotional Regulation (n = 19)
- Improved Self-Awareness (n = 11)
- Improved Communication or Relationships (n = 11)
- Feeling Less Isolated (n = 7)
- Improved Self-Confidence (n = 4)
- Improved Behavior (n = 4)
- Nothing or Don't Know (n = 3)

7. YOUTH BRIEF TREATMENT

This section contains the results of surveys from the Youth Brief Treatment program. A total of 550 participants completed a survey. Of these, 388 were self-report surveys, while the other 162 were child surveys completed by a parent/guardian about their child. Results from the self-report survey are presented first, followed by results from the child survey. Since more than 30 participants completed each survey, percentages are presented. All participants chose to take the survey in English.

Self-Report Performance Outcomes

Program Satisfaction and Cultural Competence Percent of Participants Who Agree (n = 383-388)



Outcomes (n = 368-386)

As a result of participating in this program ...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
I have a better understanding of mental illness.	6%	94%
I think treatment can help improve symptoms of mental illness.	4%	96%
I am more likely to seek help for a mental health problem.	12%	88%
I know where to go for mental health services.	5%	95%
I know where to go for substance use services for myself or other household members.	15%	85%

YOUTH BRIEF TREATMENT

Outcomes (n = 192-197)

As a result of participating in this program...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
I know more about how to take care of my mental or emotional health.	7%	93%
I learned how to take steps towards the future I want.	6%	94%
I feel better.	8%	92%
I have more energy during the day.	29%	71%
I feel less worried.	19%	81%
I feel better when I think about the future.	15%	85%
I care more about the things that are happening in my life.	9%	91%
I can handle problems better.	17%	83%
I know when to ask for help with an emotional problem.	17%	83%

Outcomes (n = 47-178)‡

As a result of participating in this program ...	% Gotten Worse	% Stayed the Same	% Gotten Better
My school attendance has...	5%	43%	51%
My grades in school have...	3%	33%	63%
My housing situation has...	1%	45%	54%
My job situation has...	2%	53%	45%
My relationship with friends and family has...	2%	26%	72%

‡ Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

YOUTH BRIEF TREATMENT

Client Comments

Participants who received services from Youth Brief Treatment were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and the responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 391)

- Therapeutic Communication (n = 168)
- Improved Symptoms or Behavior (n = 73)
- Acquiring Skills or Increased Understanding of Mental health (n = 60)
- Supportive Staff (n = 29)
- Inclusive Environment & Sense of Community (n = 24)
- Availability of Services (n = 14)
- Better interactions with family and friends (n = 9)
- Nothing or Don't Know (n = 6)
- Meeting Basic Needs and Finding Employment (n = 5)
- Strategies or Activities for self-care (n = 2)
- Group Sessions (n = 1)

"It helps me deal with my emotions better."

"I have someone I can talk to and who understands me."

What could make this program better? (n = 262)

- Nothing or Don't Know (n = 188)
- Additional Activities or Services (n = 29)
- Better Communication and Outreach (n = 16)
- More Frequent or Longer Sessions (n = 16)
- Additional Instructional Topics or Information (n = 13)

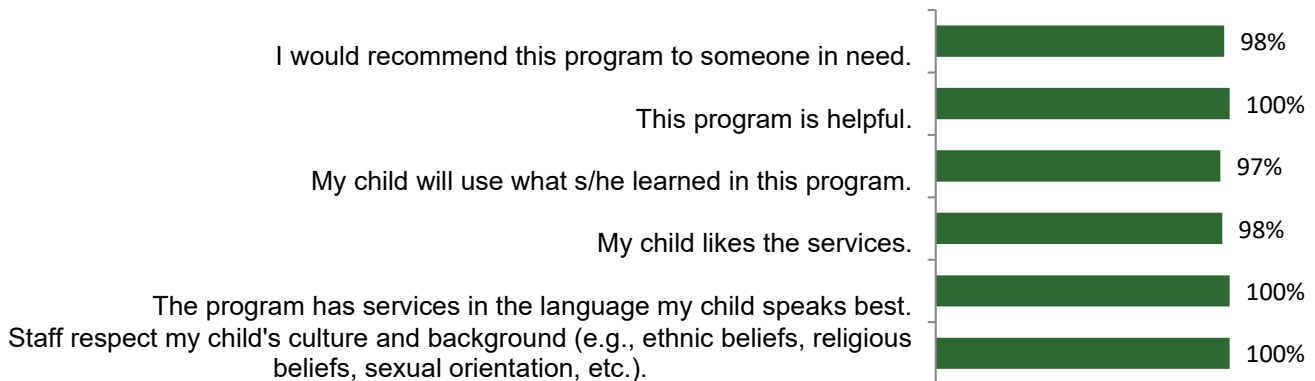
What has changed about how you think, feel, or behave as a result of this program? (n = 390)

- Improved Emotional Regulation (n = 96)
- Improved Self-Awareness (n = 71)
- More Positive Outlook/Attitude (n = 69)
- Improved Behavior (n = 55)
- Improved Communication or Relationships (n = 51)
- Nothing or Don't Know (n = 23)
- Improved Self-Confidence (n = 22)
- Feeling Less Isolated (n = 3)

YOUTH BRIEF TREATMENT

Child Performance Outcomes

Program Satisfaction and Cultural Competence Percent of Participants Who Agree (n = 159-162)



Child Outcomes (n = 154-160)

As a result of participating in this program ...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
My child has a better understanding of mental illness.	8%	92%
My child thinks treatment can help improve symptoms of mental illness.	7%	93%
I know where to go to get mental health services for my child.	1%	99%
My child knows how to get help when s/he has a mental health problem.	8%	92%
I know where to go for substance use services for myself or other household members.	5%	95%

YOUTH BRIEF TREATMENT

Child Outcomes (n = 105-107)

As a result of participating in this program...	% Strongly Disagree or Disagree	% Agree or Strongly Agree
My child knows more about how to take care of his/her mental or emotional health.	14%	86%
My child is learning to behave more appropriately.	4%	96%
My child feels better.	2%	98%
My child has more energy during the day.	11%	89%
My child feels less worried.	14%	86%
My child feels better when s/he thinks about the future.	12%	88%
My child cares more about the things that are happening in his/her life.	9%	91%
My child can handle problems better.	13%	87%
My child knows when to ask for help with an emotional problem.	9%	91%

Child Outcomes (n = 74-92)‡

As a result of participating in this program ...	% Gotten Worse	% Stayed the Same	% Gotten Better
My child's school attendance has...	1%	47%	51%
My child's grades in school have...	4%	32%	65%
My child's housing situation has...	0%	41%	59%
My child's relationships with friends and family have...	0%	28%	72%

‡ Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

YOUTH BRIEF TREATMENT

Child Comments

Participants who received services from Youth Brief Treatment were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and the responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 128)

- Therapeutic Communication (n = 41)
- Acquiring Skills or Increased Understanding of Mental Health (n = 22)
- Improved Symptoms or Behavior (n = 21)
- Supportive Staff (n = 19)
- Availability of Services (n = 7)
- Better interactions with family and friends (n = 7)
- Inclusive Environment and Sense of Community (n = 6)
- Strategies or Activities for Self-Care (n = 2)
- Nothing or don't know (n = 1)
- Group Sessions (n = 1)
- Meeting Basic Needs and Finding Employment (n = 1)

What could make this program better? (n = 98)

- Nothing or don't know (n = 68)
- Additional Activities or Services (n = 10)
- More Frequent or Longer Sessions (n = 10)
- Better Communication and Outreach (n = 5)
- Additional Instructional Topics or Information (n = 3)
- Greater Diversity among Staff or Participants (n = 2)

"She is able to talk to someone without judgement."

"She has learned about good choices and bad choices. Her temper has changed; she can now manage to control it. She can also communicate her emotions, such as when she is mad, sad, or happy."

What has changed about how your child thinks, feels, or behaves as a result of this program? (n = 148)

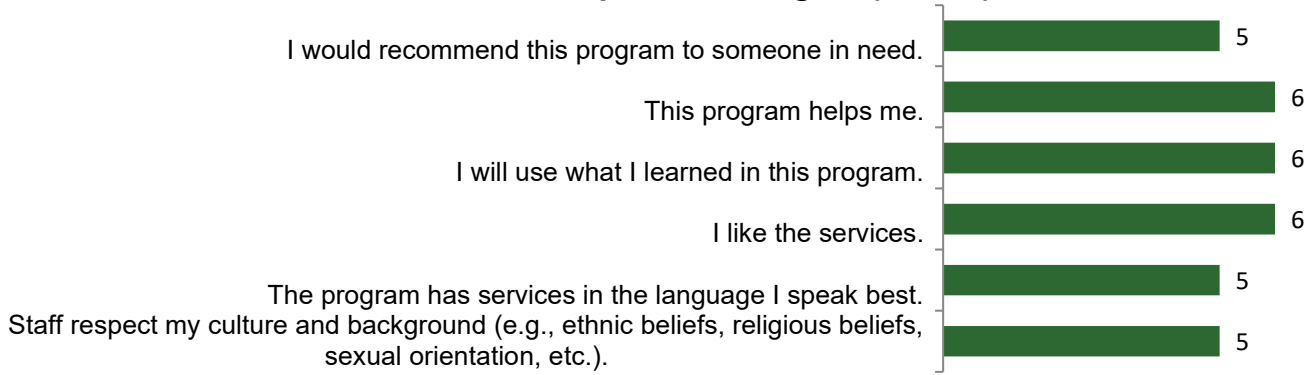
- Improved Behavior (n = 34)
- Improved Emotional Regulation (n = 33)
- Improved Communication or Relationships (n = 31)
- Improved Self-Awareness (n = 20)
- More Positive Outlook/Attitude (n = 15)
- Nothing or Don't Know (n = 12)
- Improved Self-Confidence (n = 3)

8. YOUTH JUVENILE JUSTICE ENGAGEMENT

This section contains the results of surveys from the Youth Juvenile Justice Engagement program. A total of 12 surveys were completed for this program. Of these, seven were self-report surveys, while the other five were child surveys completed by a parent/guardian about their child. Results from the self-report survey are presented first, followed by results from the child survey. Since the total number of participants who completed each type of survey was small, counts rather than percentages are presented. All participants chose to take the survey in English.

Self-Report Performance Outcomes

Program Satisfaction Number of Participants Who Agree (n = 6-7)



Outcomes (n = 7)

As a result of participating in this program ...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I have a better understanding of mental illness.	1	6
I think treatment can help improve symptoms of mental illness.	1	6
I am more likely to seek help for a mental health problem.	1	6
I know where to go for mental health services.	1	6
I know where to go for substance use services for myself or other household members.	1	6

YOUTH JUVENILE JUSTICE ENGAGEMENT

Outcomes (n = 6-7)

As a result of participating in this program...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
I know more about how to take care of my mental or emotional health.	2	4
I learned how to take steps towards the future I want.	2	5
I feel better.	4	3
I have more energy during the day.	3	3
I feel less worried.	2	5
I feel better when I think about the future.	2	5
I care more about the things that are happening in my life.	3	4
I can handle problems better.	2	5
I know when to ask for help with an emotional problem.	2	5

Outcomes (n = 1-3)[‡]

As a result of participating in this program ...	# Gotten Worse	# Stayed the Same	# Gotten Better
My school attendance has...	0	0	3
My grades in school have...	0	0	3
My housing situation has...	0	0	2
My job situation has...	0	0	1
My relationship with friends and family has...	0	0	3

[‡] Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

YOUTH JUVENILE JUSTICE ENGAGEMENT

Client Comments

Participants who received services from Youth Juvenile Justice Engagement were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 6)

- Therapeutic Communication (n = 3)
- Nothing or don't know (n = 1)
- Improved Symptoms or Behavior (n = 1)
- Supportive Staff (n = 1)

What could make this program better? (n = 4)

- Nothing or Don't Know (n = 3)
- More Frequent or Longer sessions (n = 1)

What has changed about how you think, feel, or behave as a result of this program? (n = 3)

- Nothing or don't know (n = 1)
- Improved Communication or Relationships (n = 1)
- Improved Emotional Regulation (n = 1)

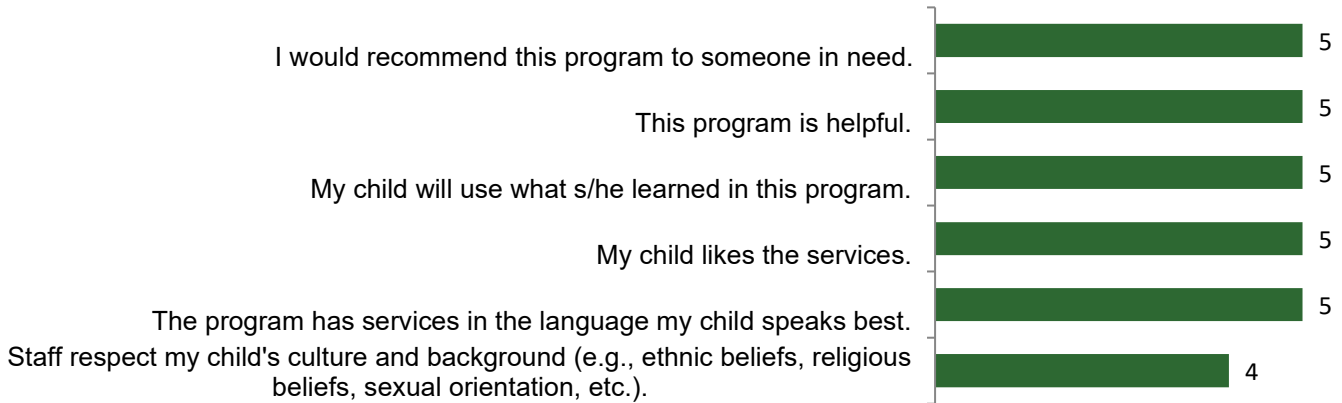
"Talking with staff or people on my team [has been helpful]."

"I am more calm, able to remove myself from a situation that is stressful, and have better coping skills."

YOUTH JUVENILE JUSTICE ENGAGEMENT

Child Survey Outcomes

Program Satisfaction and Cultural Competence Number of Participants Who Agree (n = 5)



Child Outcomes (n = 5)

As a result of participating in this program ...	# Disagree or Strongly Disagree	# Agree or Strongly Agree
My child has a better understanding of mental illness.	1	4
My child thinks treatment can help improve symptoms of mental illness.	1	4
I know where to go to get mental health services for my child.	0	5
My child knows how to get help when s/he has a mental health problem.	0	5
I know where to go for substance use services for myself or other household members.	0	5

YOUTH JUVENILE JUSTICE ENGAGEMENT

Child Outcomes (n = 4)

As a result of participating in this program...	# Strongly Disagree or Disagree	# Agree or Strongly Agree
My child knows more about how to take care of his/her mental or emotional health.	1	3
My child is learning to behave more appropriately.	0	4
My child feels better.	0	4
My child has more energy during the day.	2	2
My child feels less worried.	1	3
My child feels better when s/he thinks about the future.	1	3
My child cares more about the things that are happening in his/her life.	0	4
My child can handle problems better.	0	4
My child knows when to ask for help with an emotional problem.	2	2

Child Outcomes (n = 4)[‡]

As a result of participating in this program ...	# Gotten Worse	# Stayed the Same	# Gotten Better
My child's school attendance has...	0	1	3
My child's grades in school have...	1	1	2
My child's housing situation has...	0	1	3
My child's relationships with friends and family have...	0	2	2

[‡] Participants were given the option to indicate that these questions do not apply to them. Those who said it did not apply were excluded from the analysis.

YOUTH JUVENILE JUSTICE ENGAGEMENT

Child Comments

Participants who received services from Youth Juvenile Justice Engagement were also asked to provide feedback through open-ended response questions. Their comments were grouped by theme and responses are presented below. The number of comments may be different from the total number of themes, as comments touching on more than one theme were categorized as belonging to each theme they addressed. The number of people whose feedback was tagged as belonging to each theme is shown in parentheses.

What's the most helpful thing about this program? (n = 6)

- Improved Symptoms or Behavior (n = 2)
- Therapeutic Communication (n = 1)
- Availability of Services (n = 1)
- Acquiring Skills or Increased Understanding of Mental health (n = 1)
- Nothing or Don't Know (n = 1)

What has changed about how your child thinks, feels, or behaves as a result of this program? (n = 4)

- Improved Behavior (n = 2)
- Nothing or Don't Know (n = 2)

What could make this program better? (n = 5)

- Nothing or Don't Know (n = 5)

"His behavior has changed. He does not go out and drink as much as he used to."

"...teaching my child how to use certain skills to manage his behavior."

APPENDIX A: PEI DATA COLLECTION MATRIX

PEI Programs, Classifications, and Survey Sections for FY21-22 to FY23-24

PEI Program Name	Program Classification	Sections of Survey Required to Be Completed
Prepare U	Prevention	Front & back
Transitional Age Youth (TAY) Dual Recovery	Early Intervention	Front & back
Youth Brief Treatment (YBT)	Early Intervention	Front & back
Living Well	Stigma and Discrimination Reduction	Front only
Transitional Age Youth (TAY) Self Sufficiency	Access and Linkage to Treatment	Front only
Youth Juvenile Justice Engagement	Access and Linkage to Treatment	Front only
KCSOS - School-Based Program (formerly known as Kern Youth Resilience and Support Program)	Access and Linkage to Treatment	Front only
Foster Care Engagement	Outreach for Increasing Recognition of Early Signs of Mental Illness	Front only
Volunteer Senior Outreach Program (VSOP)	Outreach for Increasing Recognition of Early Signs of Mental Illness	Front only
Suicide Prevention Outreach and Education (O&E)	Outreach for Increasing Recognition of Early Signs of Mental Illness	None
Zero Suicide	Outreach for Increasing Recognition of Early Signs of Mental Illness	None
Outreach & Education	Outreach for Increasing Recognition of Early Signs of Mental Illness	None
Access to Care: Crisis Hotline	Access and Linkage to Treatment	None
Homeless Outreach Program	Access and Linkage to Treatment	None
Help Me Grow	Access and Linkage to Treatment	None
Community Referral Network	Access and Linkage to Treatment	None
Reengagement	Access and Linkage to Treatment	None
Continuum of Care Reform (CCR) Foster Youth Engagement	Access and Linkage to Treatment	None
Court Appointed Special Advocates (CASA)	Access and Linkage to Treatment	None
The Healing Project (Recovery Station)	Access and Linkage to Treatment	None