

**CHILDREN'S TREATMENT & RECOVERY  
SERVICES COMMITTEE****January 9, 2025**

**Attendees:** Susie Baker - KernBHRS, Jennie Sill - KernBHRS, Michelle Doucette – Clarvida, Cristina Castro – KernBHRS, Noelia Irvin – KernBHRS, Maria Aleman – KernBHRS, Stuart Shevchenko – KernBHRS, Jeff Burdick – BPD, Brad Davis – KernBHRS, Jason Giffard – KernBHRS, Karen Friedman – KernBHRS, Erika Rosales – KernBHRS, Dr. Ana Mena – Kern BHRS, Patricia Cantu - KCPD

**Recorder:** Jessica Torres

**1. Welcome and Introductions**

Accomplished.

**2. Approval of October 10, 2024, Minutes**

Jason Giffard  
Michelle Doucette

**3. Public Comment**

None

**4. Clarvida SUD Services – Michelle Doucette**

- Clarvida offers the following SUD Services: 0.5 Prevention/Early Intervention, 1.0 and 2.1 Outpatient Services for Adolescents. SUD referrals can be made and processed by the youth, family, community resources or calling the Access Line.
- 0.5 Prevention/Early Intervention Services was implemented in May of 2024. The purpose of the 0.5 is to help reduce potential substance use, abuse and addiction. 0.5 interventions are for youth ages 12-21.
- 1.0 Outpatient Services help educate and treat youth with substance use disorder and provides the youth with up to 6 hours of services a week. The youth must be under the age of 21 and actively using substances, if needed the youth may be linked to MAT services.
- 2.1 Outpatient Services for Adolescents are for youth with moderate to severe substance use disorders and provides 6 hours or more of services a week.
- 0.5, 1.0 and 2.1 services all include individual drug and alcohol counseling, group services, collateral services, crisis support and care coordination. The length of services varies depending on the individual's needs.
- Some schools provide interventions on site, Clarvida is beginning to get linked with the high schools to provide support for SUD services.



**5. Department Reports**

**Children's System of Care (CSOC) Report**

- KernBHRS is working with Probation regarding the CalAim 90- day pre-release services and working on the flow of services.
- The state is looking to implement the High-Fidelity Wraparound Model statewide The High-Fidelity Wraparound Model is one of the Evidence Based Models that will be implemented across the state for MH Services.

**Substance Use Disorder System Report**

- KernBHRS SUD provides medication assisted treatment for youth 16 years or older who use opioids. There are currently 4 physicians that are available to take new clients.
- The Contingency Management Program is for stimulant use disorder for youth 12 years and older with incentives for youth who test negative for opioids.

**6. Items to be brought to the Board**

None.

**7. Provider Issues**

None Reported.

**8. Future Presentations**

- CSV – WIC
- DHS – Family First Prevention Service Act

**9. Other**

None.

**10. Next regular meeting:**

April 10, 2025, via TEAMS at 3:30 pm. Meeting adjourned.

**Items Distributed:**

Minutes for October 10, 2024, regular meeting.