

**CHILDREN'S TREATMENT & RECOVERY
SERVICES COMMITTEE****October 12, 2023**

Attendees: Jeff Burdick- BPD, Jason Giffard – KernBHRS, Jessica Torres – KernBHRS, Ana Mena – KernBHRS, Beverly Ralston-Svaleng – KernBHRS, Erika Rosales – KernBHRS, Belinda Vieyra – KernBHRS, Brad Davis, KernBHRS, Dian, Carl Coble – CGC, Monique Rivera – KCPD, Valerie Sumpter – KernBHRS, Patricia Cantu – KCPD, Susie Baker, KernBHRS

Recorder: Jessica Torres

1. Welcome and Introductions

Accomplished.

2. Approval of July 13, 2023, Minutes

Ana Mena

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3. Public Comment

None

4. Presentation – Carl Coble

- Parents as Teachers is an evidenced based model that is part of the Family First Prevention Service Act implementation in Kern County, DHS is the lead agency on this collaborative effort.
- The goal of Parents as Teachers is to reduce child abuse/neglect for children who are most at risk in Kern County ages 0-5.
- It is a global program that has been rigorously tested by peer-review studies and has proven to achieve results since 1984.
- All the services that are provided to the family occurs in the home, and frequency of visits is based on the need of the family.
- Group sessions are held to help families with accessing resources and networking.
- DHS identifies the families and submits the referral to the Parents as Teacher's Program.
- Services provided are flexible and occur when the family is available.
- There are currently close to 50 families that are receiving services.
- The Parents as Teachers Program serves minors ages 0-5 post reunification and will be expanding to children who have not been removed from the home, but DHS and CPS have been involved. Families can be in the program up to 2 years.
- If mental health feels there is a client that may meet criteria for services mental health can reach out to the client's social workers to provide referrals to the Parents as Teachers Program.

5. Department Reports

Children's System of Care (CSOC) Report

- Pre-Release Services for Justice Involved Individuals
 - Services are provided for both youth at Youth Detention Center and Crossroads that are typically not funded by Medi-Cal but due to the high risk of the population and regardless of funding KernBHRS ensures these minors are being supported by these services.
 - Due to new legislation some of the components will be changing to allow mental health to provide billable services to these youth 90-days pre-release and introduces an enhanced care manager that will be provided through the managed care programs to help coordinate services for the youth as they are released.
 - More information will be provided once the workflow is designed.
- The Rapid Suicide Reporting and Response Team
 - KernBHRS is partnering with Public Health to work on a grant to increase the coordination and response for crisis care and interventions for youth.
 - There has been an increase in youth accessing crisis across the system. The internal MHSA Youth Wrap Teams currently intervene when minors have crisis, the grant will help amend these services and increase the ability to identify youth and intervene proactively with the families.
 - The grant is in the beginning phase and as more information is provided updates will be provided.
- TFC-O Program
 - The TFC-O Program assists with difficult to place foster youth and placing them in specialized foster homes with the goal towards reunification with their families.
 - There have been 2 youth who moved to independent living since July.
 - 7 of the 10 homes in the program currently have placements with 1 to graduate in a few weeks.
 - The next TFC-O Training is scheduled for 10/28/23.
- Individualized Placement and Support
 - There are currently 16 TAY youth enrolled in the IPS Program. Three are employed, four are enrolled in an educational or vocational training program, and eleven are actively searching for employment.
 - The Kern Community Foundation internship program held their first graduation last week. This internship program is an exciting new opportunity to help our youth gain more employment skills and participate in a program where they can make employment connections in the community. This program includes a paid internship 20 hours a week for 15 weeks and includes a workshop component where youth work with a mentor 1-2 times per week on job readiness skills and further assistance with obtaining permanent employment positions. The internships are with nonprofit agencies all throughout metro Bakersfield to work with youth who have transportation barriers.

Substance Use Disorder System Report

- SUD provides the Medication Assisted Treatment Program that provides medication for adolescent that have opioid use disorders, in order for youth to qualify for services they must be open to SUD services.
- SUD provides the Recovery Incentive Program and services minors ages 12-17 who have a stimulant use disorder. The program is available to minors who are open to SUD services and is a 24-week incentive program for clients to test negative for stimulants. The program requires the client to test negative for stimulants twice a week up to 12 weeks and test the following 12 weeks 1 time a week with small gift cards as incentives totaling up to \$599 at the end of the program.

6. Items to be brought to the Board

None.

7. Provider Issues

None Reported.

8. Future Presentations

- CGC – Parent Empowerment Program
- CSV – WIC
- CSV – Community Health Center Integrated Mental Health
- DHS – Family First Prevention Service Act

9. Other

None.

10. Next regular meeting:

January 11, 2024 via TEAMS at 3:30 pm. Meeting adjourned.

Items Distributed:

Minutes for July 13, 2023 regular meeting.