



CHILDREN'S TREATMENT & RECOVERY SERVICES COMMITTEE January 11, 2024

Attendees: Jennie Sill-KernBHRS, Susie Baker-KernBHRS, Jessica Torres-KernBHRS, Cristina Castro-KernBHRS, Belinda Vieyra-KernBHRS, Jason Giffard-KernBHRS, Karen Friedman- Monique Rivera-KCPD, Perla Gonzalez-CSV, Ana Mena-KernBHRS, Erika Rosales, Loni Hill-Pirtle-Kern Family Health Systems, Maria Aleman-KernBHRS, Rebecca Banke, Adriana Salinas-Kern Family Health Systems, Valerie Sumpter-KernBHRS, Brad Davis-KernBHRS, Jennifer Williamson, Noelia Irvin-KernBHRS, Barbara Paradise-CCS, Valerie Sumpter-KernBHRS

Recorder: Jessica Torres

1. **Welcome and Introductions**

Accomplished.

2. **Approval of October 12, 2023, Minutes**

Jason Giffard

Belinda Vieyra

3. **Public Comment**

None

4. **Presentation on Non-Specialty Clinics – Perla Gonzalez – CSV**

- CSV has 9 community health centers along with centers that are located in the outlying areas such as: Delano, McFarland, and Lamont, that provide mental health services for lower level of care.
- CSV offers in person and telehealth Brief Therapy Services such as: Individual Therapy, Family Therapy, Psychoeducation and coping skills.
- Frequency of services will depend on the clients' needs.
- CSV offers psychiatry services to youth ages 6 years and older.
- The public can contact CSV directly to link to mental health services.
- The current waitlist for non-specialty clinics is about 2 weeks.

5. **Department Reports**



Children's System of Care (CSOC) Report

- Allison Burrows has been appointed the new KernBHRS Director.
- KernBHRS is currently partnering with Kern Public Health to provide rapid reporting and response services to youth who are at risk of suicide or self-harming behaviors.
- The Kern County Treatment Foster Care Oregon (KCTFCO) program aims to stabilize youth ages 12-17 ½ by placing them in specialized foster homes to help transition them back to their family or independent living.
 - The KCTFCO program is in the process of becoming an officially certified TFCO site. In order to become a certified site, the program must meet certain metrics of success to speak to the fidelity of the program.
 - In 2023 the KCTFCO team was able to transition 12 youth into independent living or back with their families.
 - In the last month 4 youth were able to transition back with their families or to independent living.
 - The KCTFCO can accept up to 10 youth, there are currently 5 openings available.
- The TAY Team offers the Individual Placement and Supports (IPS) services which is an evidence-based model that assists individuals to help secure and maintain employment.
 - There is a thorough assessment process to determine what the likes and dislikes are of the individual and where they will be successful.
 - The staff will go out in the community to make connections with businesses to discuss the program and explain the support the youth will be receiving to help maintain employment if the youth is hired.
 - The program is customized to the client's needs.
- The TAY team works with Third Tradition which is a sober living environment, there are 9 beds for male youth and currently 3 vacancies for females who must be over 18, if they have children the children are able to live there. There are substance use counselors on site to help provide support. If a youth tests positive for substances it does not mean they will be discharged from the program it is all dependent on the situation of the youth.

Substance Use Disorder System Report

- The Contingency Management Program is available for adolescents who have a moderate or severe stimulant use disorder and are wanting SUD treatment.
- The SUD team also provides the Medication Assisted Treatment (MAT) for youth who have an opioid use disorder and has been assessed.

6. Items to be brought to the Board

None.

7. Provider Issues

None Reported.

8. Future Presentations

- CGC – Parent Empowerment Program
- CSV – WIC
- CSV – Community Health Center Integrated Mental Health
- DHS – Family First Prevention Service Act
- EA Family Services – Transitional Housing for TAY population

9. Other

None.

10. Next regular meeting:

April 11, 2024 via TEAMS at 3:30 pm. Meeting adjourned.

Items Distributed:

Minutes for October 12, 2023 regular meeting.

CSV Non-Specialty Brochures.