

SERVICES AVAILABLE:

Crisis Assessment

Crisis Intervention

Brief Face-to-Face Counseling Services

Family Interventions

Substance Abuse Counseling

Screening and Access

Referrals and Linkage

The CWiC does not turn away anyone based on ability to pay.



MISSION Statement

Working together to achieve hope, healing and a meaningful life in the community.

VISION Statement

People with mental illness and addictions recover to achieve their hopes and dreams, enjoy opportunities to learn, work, and contribute to their community.

VALUES Statements

Hope, Healing, Community, Authority

We honor the potential in everyone

We value the whole person – mind, body and spirit

We focus on the person, not the illness

We embrace diversity and cultural competence

We acknowledge that relapse is not a personal failure

We recognize authority over our lives empowers us to make choices, solve problems and plan for the future



CRISIS WALK-IN CLINIC

Mary K. Shell Mental Health Center

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carf

Commission on Accreditation
of Rehabilitation Facilities

Kern County Mental Health has been accredited by CARF for the following programs: Mental Health Programs- Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drugs-Case Management & Children & Adolescents-Case Management; Employment Services-Community employment Services



Kern County Mental Health Department

*Working together toward
Hope, Recovery and Independence*

CRISIS WALK-IN CLINIC

Mary K. Shell Mental Health Center



WHAT IS THE CRISIS WALK-IN CENTER (CWIC)?

The Crisis Walk-in Center, or CWiC, is a voluntary program designed to provide brief, culturally sensitive, person and family centered crisis intervention and stabilization services.

The CWiC provides an immediate face-to-face response, lasting less than 23 hours, to individuals in a crisis situation, exhibiting psychiatric symptoms, who may also have co-existing substance use concerns.

We believe that recovery starts with the person, their family and friends, and the resources available to them in the community. Every effort is made to respectfully include each person and their support network in their crisis planning

HOURS OF OPERATION

- ◆ 7 days a week
- ◆ 24 hours a day
- ◆ 365 days a year

WHAT TO EXPECT

ASSESSMENT

Achieved by interviewing the client and family or significant others with a focus on the client's strengths.

TREATMENT PLANNING

Includes the client's goals and input, with a focus on hope, and what has worked for the client in the past.

The client is viewed as the authority in his or her treatment. The staff assists the client in making choices about their treatment, both in what happens in the CWiC, as well as meeting client needs after leaving the CWiC.

TREATMENT

Treatment could include, but is not limited to:

- ◆ Supportive listening
- ◆ Individual and Family therapeutic support
- ◆ Substance Abuse Counseling
- ◆ Solution Focused Therapy, Dialectical Behavioral Therapy, or Cognitive Behavioral Therapy

DISCHARGE PLANNING

During the client's stay in the CWiC, staff will be working to help the client identify what services will be needed after discharge to ensure the client's recovery and healing within their community.

Referrals and linkage can be made for, but not limited to:

- ◆ Substance Abuse Counseling
- ◆ Medical Services
- ◆ Children's Services
- ◆ Ongoing Psychiatric Services through Access
- ◆ Anger Management
- ◆ Parenting Classes
- ◆ Community Support Groups

We strive to return clients to their community setting, but for those clients whose problems are greater than can be handled in a 23-hour setting, linkage to a higher level of care will be possible.

