

Some of the services provided by the ACT Team

Depending upon the client's needs -

- ◆ *Medication support*
- ◆ *Nursing*
- ◆ *Home visits*
- ◆ *Assistance with payee services*
- ◆ *Accompaniment to medical appointments*
- ◆ *Substance Abuse treatment*
- ◆ *Residential Placement assistance*
- ◆ *Individual therapy*
- ◆ *Group therapy*
- ◆ *Recreational therapy*
- ◆ *Liaison to other county services*
- ◆ *Advocating for clients in their placements*
- ◆ Recovery interventions in the community (examples: learning to use public transportation)
- ◆ Teaching Interpersonal skills (example: effective communication)
- ◆ Teaching coping skills to manage mental health symptoms

Who is appropriate for ACT services?

- ◆ A KCMH client who has frequent inpatient admissions or crisis events

How is a client referred to the ACT Team?

- ◆ The client's KCMH recovery specialist or team supervisor should complete an ACT referral and submit to the ACT team supervisor or team lead

What happens next?

- ◆ An ACT team staff member will come on site to read the client's chart and will then interview the client. A decision should be made within five days and the referring team will be notified if Act will accept the referral. If accepted, the Act staff will meet with the referring team's coordinator to do a "warm handoff" and provide the client with an orientation to his/her new team.

Why might a client not be accepted to the ACT Team?

- ◆ If the client's team has not made at least monthly contact contacts
- ◆ The client refuses services from ACT
- ◆ Substance abuse issues are present but services not offered

Act Team

Assertive Community Treatment



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Suite 275
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ACT STAFFING

The Act Model uses a collaborative team approach to most effectively meet our clients needs. We have the following staff providing services:

- ◆ Psychiatrist
- ◆ Nurse
- ◆ Team Supervisor
- ◆ Team Lead/MH Therapist
- ◆ Two MH Therapists
- ◆ Three Recovery Specialists
- ◆ Two Substance Abuse Specialists
- ◆ One Recovery Specialist Aide
- ◆ One Program Specialist
- ◆ OST (Clerical Staff)



Special Activities

The ACT Team organizes several special activities and attend other KCMH events with our clients throughout the year. Some of them include:

- ◆ Awards Luncheons, recognizing individual achievement of selected ACT clients
- ◆ The KCMH Golden Duckies, where our clients are nominated for awards
- ◆ ACT Picnics
- ◆ December holiday festivities, including a tour of neighborhood lights
- ◆ The KCMH Recovery Conference

THE KCMH ACT TEAM...

*Who we are and
what we do....*

We are a MHSa funded program within the KCMH system of care.

We provide intensive mental health services for those who need additional help beyond what can be offered by our Adult RAWC teams.

The KCMH ACT Team follows the ACT model that does whatever it takes to help our clients to achieve successful recovery and independence in their lives.